

THE CITY OF  
**MEADOWS PLACE**  
PARKS AND RECREATION



People • Parks • Programs

Meadows Place Parks and Recreation has many ways for you to get out, get active, and get involved. For questions please contact [lylanan@cityofmeadowsplace.org](mailto:lylanan@cityofmeadowsplace.org) 281-642-7701



### SUMMER POOL HOURS

Last day for weekday hour is August 14<sup>th</sup>.

Weekend hours starts August 18<sup>th</sup> to September 2<sup>nd</sup>.

Saturday	11:00am – 8:00pm
Sunday	1:00pm – 8:00pm
Labor Day	12:00pm – 7:00pm

### POOL PARTIES

Summer is on its way. The Meadows Place pool is a perfect venue for parties. You can prepare now by booking your party early. You may schedule a private party for after hours or during public hours. Visit the Parks and Recreation website for info.



### BAREFOOT N' FRIDAY

Enjoy night swimming and music with your friends. Meadows Place Police Officers will be on duty throughout the event. Concessions available.

8/17 @ Community Pool,  
8:30 – 11pm / \$5 per child (Ages 9-14yrs)



Registration is now open for Meadows Place Pony Baseball Fall Season! The season will run August 27-November 17 and is for boys and girls age 4-12. Register before August 1 for a discount at [www.mppony.org](http://www.mppony.org).



### AQUA FIT

This is a sixty-minute cardiovascular workout in the pool, which utilizes water resistance to improve cardiovascular fitness, muscular endurance, and flexibility. You determine your own intensity level by deciding how hard to manipulate the water.

**REGISTER**

8/2 – 8/30 @ 6:30 - 7:30 pm, T/TH. \$45

9/4 – 9/20 @ 6:30 – 7:30pm, T/TH \$45

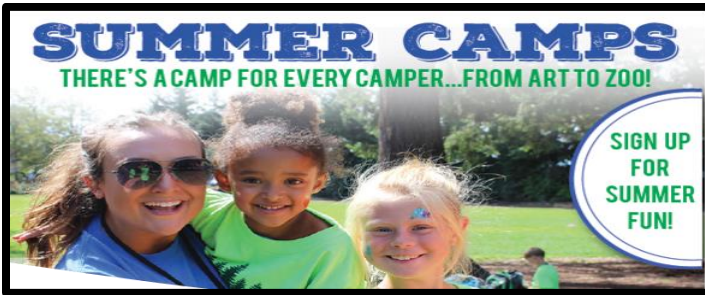
### LAP SWIM

The lap pool will open from 7am to 8am on Tues and Thurs for folks who are interested in swimming laps before the crowd arrives. There MUST be a minimum of 4 registrants per session.

**REGISTER**

8/2 – 8/16 @ 7:00 – 8:00am, T/TH. \$30

9/5 - 9/28 @ 6:00 – 7:00pm, M,W,F \$30



## ALL DAY SUMMER CAMP

Meadows Place will now offer All Day Summer Camp! Each week will be themed with exciting and action-packed activities catered to the age group! We will offer arts and crafts, outdoor adventure, fishing, boating, swimming, adventure days, cooking, science labs, plant & animal interactions, and more!

- Monday to Friday, 8am to 5pm
- Additional fee for early drop off

### REGISTER

7/30 – 8/3– Makin Music

8/6 – 8/10 – Wild Wild West

\$125, Grades 1-5

\$135, Grades 6-8

\*This camp is not a state licensed day-care.



## ESSENTIALS OF KAYAKING

This eco-friendly sport is recognized as the fastest growing sport in the world! Our lessons provide an introduction for the beginner paddler, the course is led by an ACA certified instructor who will share her love and passion for the water through this interactive experience. You will be taught the basics of safety, balance, paddling, and turns.

### REGISTER

8/18, 8AM @ McGrath Park Lake (7yr & Up) \$15

8/18, 9AM @ McGrath Park Lake – Open Kayak for those who have taken previous class – FREE



MEADOWS PLACE

Discovery & Nature Center

11938 Amblerwood

Come and spend a day at the new Discovery & Nature Center. Explore the many hands on activities, see and learn about nature first hand, interact with animals of different species. This facility provides indoor and outdoor activities and seating for your convenience. Small group programs and party rentals will be available later this fall. Annual membership available.

**Hours: 12 – 5pm Tuesday- Saturday**

**Fees: Children 1yr and up \$2 / Adults \$5**

**Annual Membership: \$15 Adult/\$10 Kids**

Children under 12 must be accompanied by adult.

**\*\*If you would like to feed the tortoise you may bring romaine, carrots and celery.**



Learn more about the Bio Dude @ [www.thebiodude.com](http://www.thebiodude.com). View live displays created by the Bio Dude at the Nature Center.



## BOWLING

Meadows Place Ladies Bowling Team bowls every Wednesday morning, 9am @ Emerald Bowl; Come join the team, meet new friends and get active!

**Call: 281.498.8330**





## BACKYARD BIRDS & ME

Your child will have fun & make friends while learning about all things BIRDS. Classes will provide learning through arts, crafts, stories, and hands on activities.

**REGISTER** Classes Meet @ Community Center

9/4 – 9/25 Tues., 9 – 9:45am, (4–7yr), \$20 Parent must accompany child.

9/6 – 9/27, Thurs., 9 – 9:45am, (7- 12yr), \$20



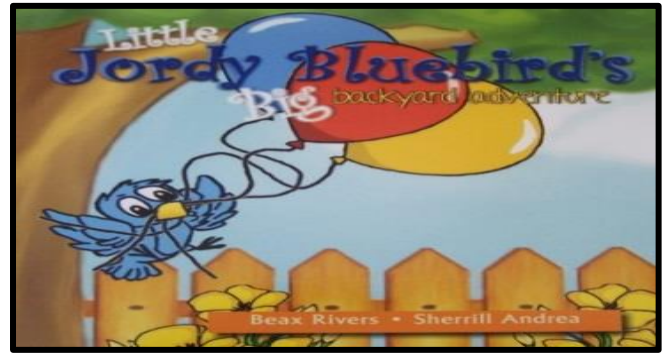
## REPTILES GONE RAMPANT

Ever wonder if the snake you see in your yard is poisonous? Do lizards make good pets? How fast can a turtle move? Wonder no more! Learn through arts & crafts, stories and hands on fun.

**REGISTER**

10/2 – 10/23 Tues., 9 – 9:45am, (4–7yr), \$25 Parent must accompany child.

10/4 – 10/25 4/26, Thurs., 9 – 9:45am, (7- 12yr), \$25



## STORYTELLING

**Little Jordy Bluebird's Big Backyard Adventure** is an exciting journey that helps a little bird learn how to help himself, even when he thinks he can't! This is book one of two, written in collaboration by two Meadows Place residents. The authors will be stopping by the Nature Center for Reading Time.

Pre-order book on Amazon and bring to reading for Author signing. Books are not required to attend reading. Space is limited so be sure to register!

**REGISTER**

9/12, 2:30 – 3:30pm, Nature Center, No Fee



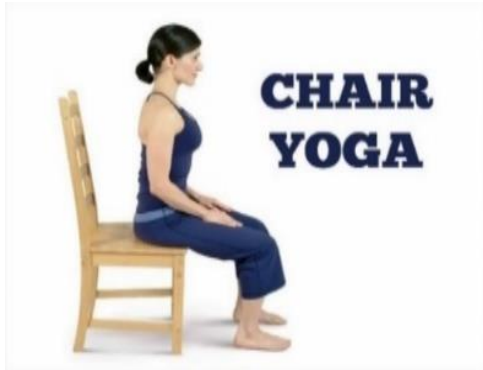
## ART ALIVE

All about color: Students will focus on learning and applying the basics of color. Projects for this session will be pulled straight from the color wheel and influenced by some of the colorful artist from art history. Although aprons will be provided please have your child dress accordingly for lots of coloring, painting and fun.

**REGISTER**

9/4 – 9/26 Tues., @ Discovery Center.

11am-12pm, Class Fee \$50 / Supply Fee \$15



## CHAIR YOGA

Soothe achy joints and Increase your range of motion with this gentle seated yoga class, adaptable to your comfort level. Specifically designed for the 55+ crowd, but all ages are welcome! Chairs will be provided.

**REGISTER**

8/7– 8/30, Tues 6pm, Community Center \$25



## TAI CHI CHIH

It is a moving meditation originated by Justin Stone in 1974. The 19 movements and one pose are easy to learn and have profound effects. With regular practice benefits may include:

- Balanced physical energy and stamina;
- Building a healthy posture;
- Improving our joint flexibility;
- Promoting spiritual serenity;
- Focusing our mind and awareness

**REGISTER**

8/7 – 8/30 T/TH 1:30 –2:30pm, Community Center, \$40 fee



## RESTORATIVE FLOOR YOGA

Center your mind and body in this calming, breath-focused class. Build your endurance with standing postures that transition into floor work and an extended time of silent meditation. No previous yoga experience necessary. (All Ages)

**REGISTER**

8/7- 8/30 Tues. 7 pm, Community Center \$25



## ZUMBA

Come shake, shimmy, and dance those calories away!!!! A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

**REGISTER**

8/20 – 9/26, Mon / Wed., Community Center  
7:30 – 8:30pm, \$65 includes  
2 days per week/Walk ins \$6



## OVER 50 & FIT

Strengthen your core muscles as well as improve stability and range of motion. Most exercises are done while sitting in a chair. All genders and ages are welcome.

**REGISTER**

8/7– 8/30 T/TH 10AM, Community Center \$25



## JIU-JITSU

Grappling Zone's Brazilian Jiu-Jitsu program will improve your life in many ways including fitness level, confidence, goal setting, focus, discipline and better grades for children. **Call now 832-995-0548 or visit our website @ [www.GrapplingZone.com](http://www.GrapplingZone.com)**

**REGISTER**

**8/7 – 8/30, Fri. 6:30pm, Community Center**  
**\$65 All Ages / Fee covers use at all**  
**Grappling Zone Facilities multiple days**



## TAEKWONDO

Sharpen your mind, strengthen your body with Master Jenny Pless. She has been teaching in Meadows Place Community Center since 2005 and teaches all skill levels from basic to advanced. Ongoing classes.

**REGISTER**

**8/20-10/29 , Community Center, Mon & Wed**

**5-6pm (4-11 yrs.)**

**6-7pm (12 years and adult)**

**10 classes for \$60.00**

**20 classes for \$99.00**

**Uniform: \$30 (Pay to the instructor)**



## KARATE

American Society of Karate teaches American Karate to ages 5 – 70yr in a positive ever-changing system. Its goal is to not be the largest, but to be the best. Instructors: 4<sup>th</sup> Degree Black Belt, Steve Puma and 3<sup>rd</sup> Degree Black Belt, Michael Puma.  
**\$30 uniform Fee**

**REGISTER**

**9/13-12/6 @ Community Center**

**Thursday 6:30- 7:30pm (5-12yr) \$45**

**Thursday 7:30- 8:30pm (13-70yr) \$45**

**ACTIVE ADULT**  
**50+**  
**PROGRAM**

Active Adults meet Monday's at the **Discovery Center** for fellowship and fun. Come and join our Active Adult Community from **10:00am – 1:00pm.**

### **MONDAY, August 6**

Visit and meet friends while playing cards, dominos or sipping coffee.

### **MONDAY, August 13**

Join us for lunch at Gerry's Grill, the new Filipino restaurant in Houston.

### **MONDAY, August 20**

Learn how to make a origami.

We will be making butterflies, frogs, and tulips!

### **MONDAY, August 27**

Come and play BINGO. Bring your quarters.





### McDonald Park Restroom:

The restroom is operating efficiently using a solar grid for power. The cost to maintain the facility is .08 cents per use. The vault capacity will require it to be emptied once every 4 months at a cost of \$240. Annual expense will be approximately \$960.

### Little Libraries:

McDonald Park is home to 3 Libraries built by YAC. The libraries offer a borrow and return honor system. There are books for all ages / Interest.

### Playground 4 All:

An inclusive swing has been installed in McDonald park. This marks the first item of many more to come towards completing a playground 4 all. This playground is solely funded through donations. The Youth Action Council YAC has been working hard to raise money for the completion of the project. They've raised \$34K and need an additional \$41K to complete Phase I. If you would like to donate contact Meadows Place City Hall. 281-983-2950.

### Community Pool:

The diving board is back in operation this year. The use of the slide, diving board and deep end will alternate each 30 minutes. Swim test will be required for those that choose to use the deep end.

### Splash Pad:

The splashpad is open for use from 9am – 10pm. To activate the pad there is a plate size black circle

on one corner of the pad. Gently move your foot over the pad and the water will run for 30 minutes.

### Discovery & Nature Center:

The Discovery Center will be used for meetings, art classes, yoga and Active Adults. A schedule will be posted outside the front entry door as well as the city website. The Nature Center has a separate entrance and will operate independently of the Discovery Center. Hours: 12-5pm, Tuesday – Saturday. Cost: \$2 per child / \$5 per adult. Annual passes are available. Ask about party rentals.

### Rentals:

If you're looking for a location to host a celebration or family gathering, the Community Center and Garden is a great local option. We also offer rentals of Covered Park Pavilions, Community Pool, Large BBQ Pit, & Kayaks. **Call for pricing 281-983-2935**

### Tennis Court Access:

Resident Access Cards are available for purchase at City Hall Monday – Friday 9am-4pm.

**Cards are \$50. Pickleball access cards are \$15.**

### REGISTER

### How Do I Register for programs?

Our programs **require pre-registration.**

Forms can be found on-line at **cityofmeadowsplace.org** under the department tab / parks and recreation / programs. Make checks payable to City of Meadows Place then mail to, 1 Troyan Dr., Meadows Place, 77477

You may also register in person at City Hall, Monday – Friday, 9am–4pm. After hours place form & payment in the night drop box in the City Hall parking lot.

**\*\*If a class has not met the minimum number of enrollment five (5) days prior to the start date, the class may be cancelled. Most classes have a maximum enrollment and are open on a first come, first serve basis. There will be no refund unless the class does not fill. Classes are NOT pro-rated unless stated. \*\***