



Meadows Place is providing respite for Monarch butterflies enroute to Mexico during their annual migration thanks to the efforts of city officials, CenterPoint, Monarch Gateway and several nonprofit groups.

The city is the first permitted prairie restoration site in power line right of way, according to Barbara Keller-Willy, executive director and founder of Monarch Gateway and president of the Native Prairies Association of Texas.

As a Monarch Host City, Meadows Place is converting 13 acres of ROW to a pollinators' habitat, including milkweed on which Monarchs lay their eggs and caterpillars feed upon before they form a chrysalis.

Representatives of Wildlife Habitat Federation have treated the land for invasive plants and have seeded it with native plants to create a habitat for pollinators. But it's more than that. "It will bring back what we used to have - the animals and plants that existed at one time," said Jim Willis, president of Wildlife Habitat Federation.

The prairie land will provide many opportunities for education. Meadows Elementary will use it as a subject source for creative writing, science studies of habitat and life cycle, and in math they will use days of growth and development to create charts and math problems.

Texas ATM students and professors are currently involved in research and development of a low combustible seed mix as well as future data collection from the site. This site will also provide teaching clinics about monarchs, prairies, plant life and pollination.

**A grand opening will be scheduled at the new trailhead located directly behind the fieldhouse in McGrath Park on October 5, during the Monarch Madness Festival at 10:00am.**



## BRICKS

Bricks from the Meadows Elementary building will be available to the first 250 households that would like one. The City of Meadows Place will make the bricks available on October 5 during the Monarch Madness Festival. The bricks are free and we recommend 1 per household so that all that would like a piece of history may have one.

**10/5 Sat., 11:00am distribution @ McGrath Park on Brighton**

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## MEADOWS ELEMENTARY EVENTS

**Sept 3-** Spirit Night at Chik Fila  
**Sept 6-** Grandparents Day at school  
**Sept 10-** Open House 5-6:30pm  
**Sept 17-** Spirit Night at Lopez  
**Sept 19-** PTO Meeting (all are welcome)

For spirit nights, make sure you tell the cashier when you check out; a portion of your bill gets donated to Meadows PTO to help cover school expenses.

**Don't Forget to Collect  
BOX TOPS!**



**and send them to your school**

We will continue to accept Clipped Box Tops until they expire so keep sending them to your school!

More good news: you can 'double dip' during the packaging transition by clipping the physical Box Tops AND scanning your receipt with those participating items.

## PARKS & RECREATION FALL PROGRAMS



Come visit the Nature Center and enjoy interacting with hands on activities and animal encounters.

Tues. – Fri., 9:30am - 2:30pm  
Sat., 12pm - 5pm

\$2 child / \$5 adult / Annual \$10 child / \$15 adult  
Fee includes access to facility and all activities.



### Weekly Activities Include:

Tues. @ 10:30 – Mom & Tot meet up- explore, play

Wed. @ 10:30 – Tot Time- Stories and Puppets

Thurs. @ 10:30 – Meet the Animals or Make a Craft

\*\*\*If you would like to feed the tortoise you may bring romaine, strawberries, apples.

Call 346-754-5897 for more information.



Nature Center Party packages are available to include animal encounters, crafts and activities.  
Call for pricing and availability. 346-754-5873

**HAPPY**  
GRANDPARENT'S  
DAY  
**2019**



## NATIONAL GRANDPARENT DAY

In honor of National Grandparents Day, the Nature Center will be free to all Grandparents and family on September 8<sup>th</sup> from 11am to 2pm. We will have refreshments, arts & crafts, and animal encounters!

9/8 Sun., @ Nature Center,  
11983 Amblerwood, 11am – 2pm, FREE



**POOL HOURS**      August 31 - September 2

Saturday	11:00am – 8:00pm
Sunday	1:00pm – 7:00pm
Labor Day	12:00pm – 7:00pm



## COMMUNITY GARDEN

*cultivating community through urban agriculture*

Meadows Place Community Garden meets twice a month to plant, till and weed the beds on the second & fourth Saturday of the month at 9am. If you are interested in learning how to grow and tend a garden, just show up and you will be taught.

**2<sup>nd</sup> & 4<sup>th</sup> Sat., 9am @ Community Garden**



## CONCEALED HANDGUN LICENSE

This class is designed to teach the laws that relate to weapons, use of deadly force, handgun use & safety and non-violent dispute resolution. This class is for those who are already familiar with handguns and shooting. It's a 4-hour class followed by a short exam, then time at the gun range, finished between 4 & 5 pm. OK to bring a snack!

### REGISTER

**9/21, 8am SHARP @ PD Training Center,  
11975 W. Airport  
21 & Up w/ ID, \$75 + (\$20 Fee paid @ Range)**

## dōTERRA for Teens

The Hippie PUNK // on



- HD Clear**  
Promotes a clear, healthy-looking complexion
- Motivate EO**  
Promotes feelings of confidence, courage, and belief
- Life Long Vitality**  
Supplements that are formulated with potent levels of essential nutrients and powerful metabolic factors for optimal health, energy, and longevity.
- In Tune EO**  
Enhances and sustains a sense of focus. The perfect study time blend
- Mito 2 Max**  
Use before studying to help increase mental energy
- On Guard Beadlet**  
Keep in your purse for on-the-go immunity support
- Terrazyme**  
Supports healthy digestion and metabolism of enzyme-deficient, processed foods

## HEALING WITH ESSENTIAL OIL

Come and join the free class and learn about the many benefits of essential oil. Mrs. Moa will discuss the perfect plan to meet your specific needs at any age. Samples will be provided.

**9/7 – 9/28 Sat., @ Discovery Center, 11938 Ambleswood, 1pm-2pm, FREE**



## FINANCIAL CONCEPTS

Come and join the free class and learn how to manage your finances from budgeting, future planning, savings and longterm care. New topic each week. Workbooks will be provided.

**9/7 – 9/28 Sat., @ Discovery Center, 11938 Ambleswood, 2pm-3pm, FREE**





ATTENTION ALL HIGH-SCHOOL STUDENTS

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**PIZZA / WIPE OUT / FOAM PIT**

FREE EVENT- BRING A FRIEND

**SEPTEMBER 20 / FRIDAY / 7-9pm**

11975 Dorrance, Meadows Place



Come and learn what YAC is all about while having fun!

2019/2020 School year event will include:

- Camping Trip
- Volunteer At Monarch Festival, Christmas Memories, & Light the Night Spring Concert
- Food Drive
- Host A Glow Fun Run
- Beach Cleanup
- Grand Opening Of The Inclusive Playground

This is a youth run "National" organization. Teens set the schedule, and make the plans for service, volunteering and fun.

YAC is a great way to earn service hours and also include on your college application. There is no fee to join.



Active Adults meet Monday's at the Discovery Center for fellowship and fun. Come and meet our Active Adult Community.

**10:00am – 1:00pm @ 11938 Amblerwood**

**MONDAY, September 2**

Holiday. Active Adults will not meet.

**MONDAY, September 9**

Game play and Book Club . We will discuss, "*Future House*" by Casey Cep.

**MONDAY, September 16**

We will visit the Star of the Republic Museum and will have lunch at Mallet Brothers BBQ.

*Star of the Republic Museum*  
THE HISTORICAL MUSEUM OF THE TEXAS REPUBLIC

Please RSVP your spot in the truck by **Sept. 12<sup>th</sup>** by emailing [lylanan@cityofmeadowsplace.org](mailto:lylanan@cityofmeadowsplace.org).

**MONDAY, September 23**

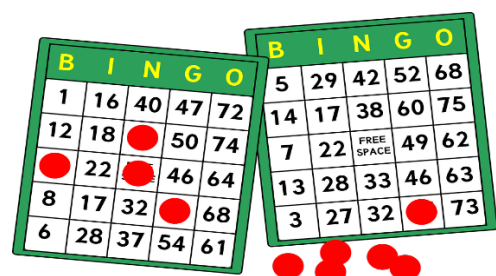
Norma will be teaching us how to make a burlap Fall door hanger.

Fee is \$20. Please email

[lylanan@cityofmeadowsplace.org](mailto:lylanan@cityofmeadowsplace.org) to register

**MONDAY, September 30**

Come and play BINGO. Bring your quarters.



## HEALTH, WELL-BEING & FITNESS



### ESSENTIALS OF KAYAKING

This eco-friendly sport is recognized as the fastest growing sport in the world! Our lessons provide an introduction for the beginner paddler, the course is led by an ACA certified instructor who will share their love and passion for the water through this interactive experience. You will be taught the basics of safety, balance, paddling, and turns. Single and double kayaks are available.

#### **REGISTER** MUST Pre-Register

9/14, 8AM @ McGrath Park Lake (7yr & Up) \$15

9/14 9AM @ McGrath Park Lake – Open Kayak for those who have taken previous class –FREE



### WALKING TRAILS

Enjoy walking or jogging along City of Meadows Place Trail System. Our trails wrap around McGrath lake through McDonald Park, across Dorrance along the bayou to Montecitto. Coming in October the trail system will continue along the bayou from the water treatment plant over to Kirkwood. Once the roundabout project is complete the trails will then meander down Kirkwood to West Airport.

### BOWLING

Meadows Place Ladies Bowling Team bowls every Wednesday morning, 9am @ Emerald Bowl; Come join the team, meet new friends and get active!

**Call: 281.498.8330**

For program or event questions please contact [lylanan@cityofmeadowsplace.org](mailto:lylanan@cityofmeadowsplace.org) / 346.754.5873

### TENNIS COURT / PICKLEBALL ACCESS

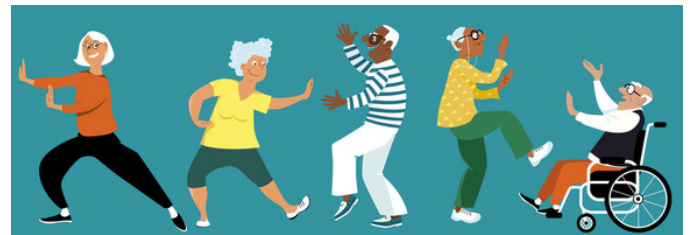


Resident Access Cards are available for purchase at City Hall, Monday – Friday 9am-4pm. Cards are valid through May of each year. **\$50 fee per year.**



### YOUTH TENNIS LESSONS

This is an introductory class teaching form and the basics of the game for youths 14 years old and under. The classes will be taught in groups of 4 students. **Racquet required.** Email [lylanan@cityofmeadowsplace.org](mailto:lylanan@cityofmeadowsplace.org) for more information.



### TAI CHI EXERCISES

FOR BETTER MOVEMENT AND BALANCE

It is a moving meditation with 19 movements and one pose that are easy to learn and have profound effects. Benefits may include:

- Balanced physical energy and stamina;
- Building a healthy posture;
- Improving joint flexibility;
- Promoting spiritual serenity;
- Focusing your mind and awareness

#### **REGISTER** MUST Pre-Register

**9/4 – 9/30 Mon / Wed / Fri @ Community Center, 11975 Dorrance, 10am - 11am, \$30**



## TAE-KWON-DO

Sharpen your mind, strengthen your body with Master Jenny Pless. She has been teaching in Meadows Place Community Center since 2005 and teaches all skill levels from basic to advanced.

**REGISTER** MUST Pre-Register

8/19 – 10/30

5-6pm (4-11 yrs.)

6-7pm (12 years and adult)

10 classes for \$60 (\$30 uniform fee)

22 classes for \$110 (Free uniform)

11/4 – 12/18

5-6pm (4-11 yrs.)

6-7pm (12 years and adult)

6 classes for \$40 (\$30 uniform fee)

12 classes for \$60



## KARATE

American Society of Karate teaches American Karate to ages 5 – 70yr in a positive ever-changing system. Its goal is to not be the largest, but to be the best. Instructors: 4<sup>th</sup> Degree Black Belt, Steve Puma and 3<sup>rd</sup> Degree Black Belt, Michael Puma. Students may try the first class for free.

**REGISTER** MUST Pre-Register.

9/12 – 12/12 @ Community Center

Thursday 6:30- 7:30pm (5-12yr) \$50

Thursday 7:30- 8:30pm (13-70yr) \$50

\$30 Uniform Fee to Instructor.



Come shake, shimmy, and dance those calories away!!!! A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

**REGISTER** MUST Pre-Register

8/5 – 9/16, Mon., Community Center

8/15 – 9/19, Thurs., Discovery Center

7:45pm – 8:45pm, \$60, Walk In \$6

## OVER 50 & FIT

Strengthen your core muscles as well as improve stability and range of motion. Most exercises are done while sitting in a chair. All genders and ages are welcome.

9/3 – 9/26, T/TH, 10AM Community Center \$20



HOW DO I REGISTER? **REGISTER**

Our programs require pre-registration.

Forms can be found on-line at

**cityofmeadowsplace.org** under the department tab / parks and recreation / programs. Make checks payable to City of Meadows Place then mail to, 1 Troyan Dr., Meadows Place, 77477

You may also register in person at City Hall, Monday thru Friday between 9am–4pm. If after hours place form & payment in the night drop box in the City Hall parking lot.