

THE CITY OF
MEADOWS PLACE
PARKS AND RECREATION



People • Parks • Programs

Meadows Place Parks and Recreation has many ways for you to get out, get active, and get involved. For questions please contact lylanan@cityofmeadowsplace.org /281.983.2935

UPCOMING EVENTS

MEADOWS PLACE
Discovery & Nature Center
11938 Amblewood
Grand Opening
MAY 19

Come and help celebrate the grand opening of the new Discovery & Nature Center. Tour the facility and participate in program demonstrations.

5/19, Ribbon Cutting will begin at 1:00pm and facility will be open until 4:00pm.

Park onsite, street side on Amblewood to Dorrance or Community Center lot.



BANDS / FOOD TRUCKS / BEER & WINE

Meadows Place will host its spring concert series beginning this April. Join us for food, fun and live bands at McGrath Park. Bring a chair or blanket.

May 4 @ 7pm - Jarrod Sterrett & the Hired Guns



BAREFOOT N' FRIDAYS

Enjoy night swimming, music and fun along with your friends. Meadows Place Police Officers will be on duty throughout the event. Concessions available. (Ages 9-14yrs)

5/18, 6/15, 7/20, 8/17 @ Community Pool, 8:30 – 11pm / \$5 per child



SPLASH NIGHT

Join Meadows Place Parks & Recreation as we kick off the summer with games, swimming, water slide, DJ and food. This is a free community event for residents of Meadows Place. Food will be available as first come first served until gone beginning at 6:00pm

****Please bring canned food items for the Sugar Grove Church of Christ Food Pantry.**

6/1 @ Community Pool, 6-9pm (All ages)



POOL WRISTBAND PRE-SALE

Avoid the lines and pre-purchase your pool wristband starting April 3 at City Hall, Monday – Friday from 9am – 4pm Annual seasonal access to the City of Meadows Place Pool is available **ONLY** to Meadows Place residents. A Driver’s License along with a city water bill **MUST** be shown in order to purchase access wristbands. Each family member is required to have a wristband for entry.

4/2 –6/1, 9am-4pm @ City Hall, Residents Only, \$5

ALL DAY SUMMER CAMP

Meadows Place will now offer All Day Summer Camp! Each week will be themed with exciting and action-packed activities catered to the age group! We will offer arts and crafts, outdoor adventure, fishing, boating, swimming, adventure days, cooking, science labs, plant & animal interactions, field trips for the older group and more!

- Registration now open
- Weekly sessions / June 4 to August 13.
- Monday to Friday, 8am to 5pm
- Additional fee for early drop off

REGISTER

- Week 1- Incredible Superhero
- Week 2- Artful Antics
- Week 3- Animal Planet
- Week 4 - Chef In the Making
- Week 5 - Stars & Stripes; **NO CAMP JULY 4**
- Week 6 – H2O and Go
- Week 7 – Hunger Games
- Week 8 – Detective Duties
- Week 9 – Makin Music
- Week 10 – Wild Wild West

\$125, Grades 1 -5
\$135, Grades 6-8

SAVE \$25 register by May 15
Sibling discounts are available.
 *This camp is not a state licensed day-care.



ART ALIVE

All about color: Students will focus on learning and applying the basics of color. Projects for this session will be pulled straight from the color wheel and influenced by some of the colorful artist from art history. Although aprons will be provided please have your child dress accordingly for lots of coloring, painting and fun.

REGISTER

5/8 – 5/29 Tues., @ Discovery Center.
11am-12pm, Class Fee \$50 / Supply Fee \$15



COUNTRY SIDE MOBILE VET

Vaccinations, heartworm testing & prevention!
 Call 713-492-8045 for more information
www.countrysidemobilevet.com
5/13 3:30 – 5:00pm @ Community Center



NATIVE PLANTS

Do you know what the state flower is? How about the state plant? See what's blooming & learn about our native plants. Mother's Day craft included.

REGISTER

5/1 – 5/22, Tues. @ Discovery Center 9 – 9:45am, (4-7yr), \$25, Parent must accompany child.

5/3 – 5/24 Thurs., 9 – 9:45am, (7- 12yr), \$25

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**ACTIVE ADULT
50+
PROGRAM**

Active Adults meet Monday's at the **Discovery Center** for fellowship and fun. Come and join our Active Adult Community from **10:00am – 1:00pm**.

MONDAY, May 7

Visit and meet friends while playing cards, dominos or sipping coffee.

Book Club will be reading....**TBD call for info.**

MONDAY, May 14

Kyle Trahan will be here to speak to us about Medicare.

MONDAY, May 21

Learn how to make a traditional Filipino dish.

MONDAY, May 28

Come and play BINGO. Bring your quarters.

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HIGH-SCHOOL STUDENTS

Would you like to be a part of a national organization while making a difference in your own community? If so, now is the time to join the Meadows Place Youth Action Council. YAC is a great way to earn service hours and also include on your college application. This is a youth run organization. Teens elect officers and make the plans for service, volunteering and fun.

Applications will be accepted throughout the year and can be found on the City website. Show up at one of the dates below and we will get you started. It's EASY!

5/4, 6-10pm @ McGrath Park Concert

5/11, 6-8pm @ Discovery Center

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MEADOWS PLACE NIGHT WITH SL SKEETERS

The Skeeters will be hosting a Meadows Place Night on June 14th to help raise money for the YAC all-inclusive playground! Bring the whole family and help out a wonderful cause. Purchase your tickets at City Hall!

Tickets must be purchased by June 1st.

June 14th @ 7:00pm

\$11 a ticket / \$2 domestic beer

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ESSENTIALS OF KAYAKING

This eco-friendly sport is recognized as the fastest growing sport in the world! Our lessons provide an introduction for the beginner paddler, the course is led by an ACA certified instructor who will share her love and passion for the water through this interactive experience. You will be taught the basics of safety, balance, paddling, and turns.

REGISTER

5/12, 9AM @ McGrath Park Lake (7yr & Up) \$15
 5/12 10AM @ McGrath Park Lake – Open Kayak for those who have taken previous class - FREE



BODY SCULPT

New year, new you! This class will help you burn calories, tone muscles, work on balance and get a great stretch! The class is a little different each time, but always a great workout! The instructor, Dani Reed, is a certified personal trainer who specializes in a unique form of exercising that focuses on the integration of anatomical movement. Utilizing her vast knowledge of human anatomy, she customizes individual fitness plans to meet her client's goals. **Must provide a mat and towel.**

REGISTER

5/6 & 5/20, Sunday, 9:00 – 9:45am @ Discovery Center \$50 (All Ages)



CHAIR YOGA

Soothe achy joints and Increase your range of motion with this gentle seated yoga class, adaptable to your comfort level. Specifically designed for the 55+ crowd, but all ages are welcome! Chairs will be provided.

REGISTER

5/1 – 5/29 Tues, 6pm @ Community Center, \$25



TAI CHI CHIH

It is a moving meditation originated by Justin Stone in 1974. The 19 movements and one pose are easy to learn and have profound effects. With regular practice benefits may include:

- Balanced physical energy and stamina;
- Building a healthy posture;
- Improving our joint flexibility;
- Promoting spiritual serenity;
- Focusing our mind and awareness

REGISTER

5/1 – 5/31, T/TH 1:30 – 2:30pm, Community Center, \$40 fee



RESTORATIVE FLOOR YOGA

Center your mind and body in this calming, breath-focused class. Build your endurance with standing postures that transition into floor work and an extended time of silent meditation. No previous yoga experience necessary. (All Ages)

REGISTER

5/1 – 5/29 Tues. 7 pm @ Community Center, \$25

ZUMBA

Come shake, shimmy, and dance those calories away!!!! A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

REGISTER

Temporarily on hold until Instructor returns



OVER 50 & FIT

Strengthen your core muscles as well as improve stability and range of motion. Most exercises are done while sitting in a chair. All genders and ages are welcome.

REGISTER

5/1 – 5/31 T/TH 10AM @ Community Center \$25 Join anytime, price will be pro-rated.

JIU-JITSU

Grappling Zone's Brazilian Jiu-Jitsu program will improve your life in many ways including fitness level, confidence, goal setting, focus, discipline and better grades for children. **Call now 832-995-0548 or visit our website @ www.GrapplingZone.com**

REGISTER

5/4 – 5/25, Fri. 6:30pm @ Community Center
\$65 All Ages / Fee covers use at all Grappling Zone Facilities multiple days.

TAEKWONDO

Sharpen your mind, strengthen your body with Master Jenny Pless. She has been teaching in Meadows Place Community Center since 2005 and teaches all skill levels from basic to advanced. Ongoing classes.

REGISTER

4/2 – 5/16 @ Community Center
 5-6pm (4-11 yrs)
 6-7pm (12 year old and adult)
 7 classes for \$40.00
 14 classes for \$70.00

KARATE

American Society of Karate teaches American Karate to ages 5 – 70yr in a positive ever-changing system. Its goal is to not be the largest, but to be the best. Instructors: 4th Degree Black Belt, Steve Puma and 3rd Degree Black Belt, Michael Puma. New full session to begin in April. **\$30 uniform Fee**

REGISTER

4/5 - 5/31 @ Community Center
 Thursday 6:30- 7:30pm (5-12yr) \$45
 Thursday 7:30- 8:30pm (13-70yr) \$45



OPENING WEEKEND MAY 26 - 27

Wristbands will be sold at City Hall and City Events prior to June 2. Bands will also be sold at the pool during normal operating hours to RESIDENTS.

Requirements to purchase pool wristband:

Meadows Place water bill and TDL showing MP residency. Adult resident must be present to complete registration card and purchase seasonal wristband. Resident must be wearing band to enter pool area.

\$5 per band per family member until June 2. \$10 beginning June 3.

SUMMER POOL HOURS

Table with 2 columns: Day and Time. Tuesday-Saturday: 11:00am - 8:00pm; Sunday: 1:00pm - 8:00pm; Mondays: Closed except for holidays; Holidays: 12:00pm - 7:00pm

POOL PARTIES

Summer is on its way. The Meadows Place pool is a perfect venue for parties. You can prepare now by booking your party early. You may schedule a private party for after hours or during public hours. Visit the Parks and Recreation website for additional information.



SWIM LESSONS

Classes are taught by trained instructors and classes are grouped by skill levels. Maximum of 5 students per class. Please read the swim level

description below to determine the right swim level for your child. First day for each session is evaluation day. If your child needs to be moved, staff will notify the parent and move your child to the appropriate level (space pending). Because of space limit, please carefully read class description below and register your child into the right level at time of registration. Please note: More often than not, a student may need to repeat a level several times before advancing

REGISTER

Sessions: Tues - Fri

- Session 1: 6/5 - 6/15
Session 2: 6/19 - 6/29
Session 3: 7/10 - 7/20
Session 4: 7/24 - 8/3

**Visit the Parks and Recreation page on the city website for swim lesson times. **

Fees:

- Residents - \$80/student/session
Non-Residents - \$90/student/session

Swim Level Description:

- Guppy (Parent and tot class)- Guppy class is for the parent and tot to learn general water safety and swimming techniques.
Goldfish (Water comfort)- Goldfish class will teach basic breathing and buoyancy.
Sea Lion (Basic technique)- Sea Lion class will work on rhythmic breathing and retrieve submerged objects.
Otter (Skill development)- Otter class will introduce the student to the deep water along with diving, strokes, and treading water.



JR LIFEGUARD PROGRAM

Would you like to become a Lifeguard someday? All Jr Lifeguards will be trained on proper scanning, hand signals, whistle blows and even rescues.

During week two Jr. Lifeguards will sit on stand and be a part of the rotation. Includes t-shirt, visor, whistle, certificate of completion.

***Must be a good swimmer & 12 – 15yrs of age**

REGISTER

7/10 – 7/21, Tues – Fri & Sat July 21, \$40

- 7/10 – 7/13 Training / 11 am – 12 pm
- 7/17 – 7/20 Stand Rotation / 11 am or 3 pm
- 7/21 - Open In-Service & Awards / 9:30 am

BOWLING

Meadows Place Ladies Bowling Team bowls every Wednesday morning, 9am @ Emerald Bowl; Come join the team, meet new friends and get active!

Call: 281.498.8330

BRIDGE

Do you play Bridge? The Bridge Group meets the 1st Tuesday of each month, September – May. If you are interested in socializing and playing cards, please contact Dolores Parker, 281-814-8844.

5/8, 9am-2pm @ Discovery Center, No fee

HOW DO I REGISTER?

REGISTER

Our programs require pre-registration.

Forms can be found on-line at **cityofmeadowsplace.org** under the department tab / parks and recreation / programs. Make checks payable to City of Meadows Place then mail to, 1 Troyan Dr., Meadows Place, 77477

You may also register in person at City Hall, Monday thru Friday between 9am–4pm. If after hours place form & payment in the night drop box in the City Hall parking lot.

**If a class has not met the minimum number of enrollment five (5) days prior to the start date, the class may be cancelled. Most classes have a maximum enrollment and are open on a first come, first serve basis. There will be no refund unless the class does not fill. Classes are NOT pro-rated unless stated. **

RENTALS

If you're looking for a location to host a celebration or family gathering, the Community Center and Garden is a great local option.

We also offer rentals of Covered Park Pavilions, Community Pool, Large BBQ Pit,& Kayaks

Call for pricing and availability. 281-983-2935

TENNIS COURT ACCESS

Resident Access Cards are available for purchase at City Hall Monday – Friday 9am-4pm.

Cards are \$50. Pickleball access cards are \$15.