

THE CITY OF  
MEADOWS PLACE  
PARKS AND RECREATION



People • Parks • Programs

Meadows Place Parks and Recreation has many ways for you to get out, get active, and get involved. For questions please contact

[lylanan@cityofmeadowsplace.org](mailto:lylanan@cityofmeadowsplace.org) /346.754.5873



MEADOWS PLACE 4<sup>th</sup> OF JULY PARADE

## Earlier Start Time - 9AM

Join the fun during Meadows Place Annual 4<sup>th</sup> of July Parade @ 9am. There are several ways to participate in the fun. We are taking entries from those that would like to march, create a float, and decorate a golf cart, boat, or bike. We are also looking for anything unique such as unicycles, stilt walkers, musical instruments, etc.

**Parade entry form can be found on the City website: [cityofmeadowsplace.org](http://cityofmeadowsplace.org). Return your entry form to City Hall before Monday, June 25.**



Non-motorized entries do not need to complete a form. Judging will take place at 8am SHARP. Line up begins at Sugar Groves Church of Christ's east parking lot, 11600 W Airport. Enter from W Airport ONLY and check in with a parade official. Cars not participating in the parade may park in the west lot.

**Parade route travels from City Hall to Dorrance to Mullholland, left on Mullholland then left on Brighton concluding at McGrath Park.**

## **MORE FUN AFTER PARADE**

Join us @ McGrath Park after the parade ends for more July 4<sup>th</sup> fun and listen to the sounds of a steel drum band, take photos on an old fashioned trolley, pet miniature ponies, enjoy food trucks, snow cones and splash pad fun. Concessions are available for a nominal fee.



## **NEIGHBORHOOD BLOCK ENTRY (Win Private Pool Party and Pizza for 40)**

Would you like to win a private pool party and pizza for your group? To qualify you must have at least 4 neighbors from Meadows Place enter as a group. The creativity is up to you. Neighbor entries are judged separately from the other categories. Please complete an application so the judges will score you appropriately. The group that wins will choose the date for the private party and pizza at Meadows Place pool..

## ACTIVE MILITARY

If you or an active duty family member would like to participate in our parade, please contact the Parks & Recreation Department by Monday, June 26.

## BIKE PARADE

Bike riders are a big part of the 4<sup>th</sup> of July Parade. No entry form required just show your patriotic spirit by decorating your bike and join the parade in the parking lot of Sugar Grove Church at 9am.

## PRIZES WILL BE AWARDED

**Youth Spirit Commercial Entry Block**

Judging for non-motorized entries begins at 8am SHARP at Sugar Grove Church. Motorized judging will take place while in route in front of the Community Center. Prizes will be awarded at the conclusion of the parade at McGrath Park.

## YARD DECORATING

Show your patriotic spirit by decorating your yard in a red, white and blue theme. If you do not live along the parade route you must enter your address by calling 281.983.2935 or

[lylanan@cityofmeadowsplace.org](mailto:lylanan@cityofmeadowsplace.org).

**Judging will take place on July 3**

Home Depot Gift Card to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place yards.



## BAREFOOT N' FRIDAYS

Enjoy night swimming and music with your friends. Meadows Place Police Officers will be on duty throughout the event. Concessions available.

**7/20, 8/17 @ Community Pool,  
8:30 – 11pm / \$5 per child (Ages 9-14yrs)**



## JR LIFEGUARD PROGRAM

Would you like to become a Lifeguard someday? All Jr Lifeguards will be trained on proper scanning, hand signals, whistle blows and even rescues. During week two Jr. Lifeguards will sit on stand and be a part of the rotation. Includes t-shirt, visor, whistle, certificate of completion.

**REGISTER** \*Must be a good swimmer, 9 – 15yrs  
**7/10 – 7/21, Tues – Fri & Sat July 21, \$40**  
**7/10 – 7/13 Training / 11 am – 12 pm**  
**7/17 – 7/20 Stand Rotation / 11 am or 3 pm**  
**7/21 - Open In-Service & Awards / 9:30 am**



## AQUA FIT

This is a sixty-minute cardiovascular workout in the pool, which utilizes water resistance to improve cardiovascular fitness, muscular endurance, and flexibility. You determine your own intensity level by deciding how hard to manipulate the water.

**REGISTER**

**7/3 – 7/26 @ 6:30-7:30 pm, T/TH. \$40/ 8 classes**

## EARLY LAP SWIM

The lap pool will open from 7am to 8am on Tues and Thurs for folks who are interested in swimming laps before the crowd arrives. There MUST be a minimum of 4 registrants per session.

**REGISTER**

**7/3 – 7/31 @ 7:00 – 8:00am, T/TH. \$45/ 9 days**  
**8/2 – 8/16 @ 7:00 – 8:00am, T/TH. \$30/6 days**





## ALL DAY SUMMER CAMP

Meadows Place will now offer All Day Summer Camp! Each week will be themed with exciting and action-packed activities catered to the age group! We will offer arts and crafts, outdoor adventure, fishing, boating, swimming, adventure days, cooking, science labs, plant & animal interactions, and more!

- Registration now open
- Weekly sessions / Now thru August 13.
- Monday to Friday, 8am to 5pm
- Additional fee for early drop off

### REGISTER

Week 5 - Stars & Stripes; **NO CAMP JULY 4**

Week 6 – H2O and Go

Week 7 – Hunger Games

Week 8 – Detective Duties

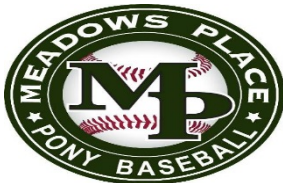
Week 9 – Makin Music

Week 10 – Wild Wild West

**\$125, Grades 1-5**

**\$135, Grades 6-8**

\*This camp is not a state licensed day-care.



Registration is now open for Meadows Place Pony Baseball Fall Season! The season will run August 27-November 17 and is for boys and girls age 4-12. Register before August 1 for a discount at [www.mppony.org](http://www.mppony.org).



## JEDI LEGO® ENGINEERING

The Force Awakens in this introductory engineering course for young Jedi! Explore engineering principles by designing and building projects using LEGO® materials such as X-Wings, R2 Units, Energy Catapults, Defense Turrets, and Settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire!

### REGISTER

**7/23-7/27, 9:00 am - 12:00 pm (Mon-Fri) @ Community Center, Ages 5- 7yr**

## JEDI MASTER LEGO® ENGINEERING

The Force Awakens in this advanced engineering course for young Jedi! Discover key engineering concepts such as gear trains, worm drives, pneumatics, and eccentric motion. Build projects from LEGO® Materials such as X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, Settlements, Fortresses, and other complex machines and structures from a galaxy far, far away.

### REGISTER

**7/23-7/27, 1:00 pm - 4:00 pm (Mon-Fri) @ Community Center Ages 8 – 13yr \$140**



Come and spend a day at the new Discovery & Nature Center. Explore the many hands on activities, see and learn about nature first hand, interact with animals of different species. This facility provides indoor and outdoor activities and seating for your convenience. Small group programs and party rentals will be available later this fall. Annual membership available.

**Hours:** 12 – 5pm Tuesday- Saturday

**Fees:** Children 1yr and up \$2 / Adults \$5

**Annual Membership:** \$15 Adult/\$10 Kids

Children under 12 must be accompanied by adult.

**\*\*If you would like to feed the tortoise you may bring romaine, carrots and celery.**



Learn more about the Bio Dude @ [www.thebiodude.com](http://www.thebiodude.com). View live displays created by the Bio Dude at the Nature Center.



**Little Jordy Bluebird's Big Backyard Adventure** is an exciting journey that helps a little bird learn how to help himself, even when he thinks he can't!

This is book one of two, written in collaboration by two Meadows Place residents. The authors will be stopping by the Nature Center for Reading Time.

Pre-order book on Amazon and bring to reading for Author signing. Books are not required to attend reading. Space is limited so be sure to register!

**REGISTER**

**9/12, 2:30 – 3:30pm, Nature Center**



## SUMMER POOL HOURS

|                   |                            |
|-------------------|----------------------------|
| Tuesday -Saturday | 11:00am - 8:00pm           |
| Sunday            | 1:00pm – 8:00pm            |
| Mondays           | Closed except for holidays |
| Holidays          | 12:00pm – 7:00pm           |



## POOL WRISTBAND

Pool wristbands will be available throughout the summer for \$10 per band.. Wristbands can be purchased between 9am – 4pm at City Hall, Monday through Friday or at the community pool. Wristbands are for Meadows Place residents only. Proof of residency is required.

## POOL PARTIES

Summer is on its way. The Meadows Place pool is a perfect venue for parties. You can prepare now by booking your party early. You may schedule a private party for after hours or during public hours. Visit the Parks and Recreation website for additional information.



## SWIM LESSONS

Classes are taught by trained instructors and classes are grouped by skill levels. Maximum of 5 students per class. Please read the swim level description below to determine the right swim level for your child. First day for each session is evaluation day. If your child needs to be moved, staff will notify the parent and move your child to the appropriate level (space pending). Because of space limit, please carefully read class description below and register your child into the right level at time of registration. **Please note: More often than not, a student may need to repeat a level several times before advancing.**

### REGISTER

\*\*Visit the Parks and Recreation page on the city website for swim lesson times. \*\*

### Sessions: Tues - Fri

Session 3: 7/10 – 7/20

Session 4: 7/24 – 8/3

### Fees:

Residents - \$80/ student/ session (8 classes)

Non-Residents - \$90 /student /session (8 classes)

### Swim Level Description:

**Guppy** (Parent and tot class)- Guppy class is for the parent and tot to learn general water safety and swimming techniques. It will introduce the tot to the water and prepare the tot for the non-parent class, Goldfish. One English speaking adult per child.

Swim diaper required for non-potty trained students

**Goldfish** (Water comfort)- Goldfish class will teach basic breathing and buoyancy. They will learn how to enter and exit the water properly and have the child comfortable in the water by themselves. Swim diaper required for non-potty trained students

**Sea Lion** (Basic technique)- Sea Lion class will work on rhythmic breathing and retrieve submerged objects. They will learn basic motions and kicking.

**Otter** (Skill development)- Otter class will introduce the student to the deep water along with diving, strokes, and treading water.



## ESSENTIALS OF KAYAKING

This eco-friendly sport is recognized as the fastest growing sport in the world! Our lessons provide an introduction for the beginner paddler, the course is led by an ACA certified instructor who will share her love and passion for the water through this interactive experience. You will be taught the basics of safety, balance, paddling, and turns.

### REGISTER

7/21, 8AM @ McGrath Park Lake (7yr & Up) \$15

7/21, 9AM @ McGrath Park Lake – Open Kayak for those who have taken previous class – FREE



## CHAIR YOGA

Soothe achy joints and Increase your range of motion with this gentle seated yoga class, adaptable to your comfort level. Specifically designed for the 55+ crowd, but all ages are welcome! Chairs will be provided.

### REGISTER

7/3– 7/26 Tues, 6pm @ Community Center, \$25





## TAI CHI CHIH

It is a moving meditation originated by Justin Stone in 1974. The 19 movements and one pose are easy to learn and have profound effects. With regular practice benefits may include:

- Balanced physical energy and stamina;
- Building a healthy posture;
- Improving our joint flexibility;
- Promoting spiritual serenity;
- Focusing our mind and awareness

### REGISTER

7/3 – 7/26, T/TH 1:30 – 2:30pm, Community Center, \$40 fee



## RESTORATIVE FLOOR YOGA

Center your mind and body in this calming, breath-focused class. Build your endurance with standing postures that transition into floor work and an extended time of silent meditation. No previous yoga experience necessary. (All Ages)

### REGISTER

7/3 – 7/26 Tues. 7 pm @ Community Center, \$25



## ZUMBA

Come shake, shimmy, and dance those calories away!!!! A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

### REGISTER

7/2 – 8/8, Mon & Wed. @ Community Center  
7:30 – 8:30pm, \$65 includes  
2 days per week/Walk ins \$6

## BOWLING

Meadows Place Ladies Bowling Team bowls every Wednesday morning, 9am @ Emerald Bowl; Come join the team, meet new friends and get active!

Call: 281.498.8330



## OVER 50 & FIT

Strengthen your core muscles as well as improve stability and range of motion. Most exercises are done while sitting in a chair. All genders and ages are welcome.

### REGISTER

7/3 – 7/26 T/TH 10AM @ Community Center  
\$25 Join anytime, price will be pro-rated.



## JIU-JITSU

Grappling Zone's Brazilian Jiu-Jitsu program will improve your life in many ways including fitness level, confidence, goal setting, focus, discipline and better grades for children. **Call now 832-995-0548 or visit our website @ [www.GrapplingZone.com](http://www.GrapplingZone.com)**

### REGISTER

**7/6 – 7/27, Fri. 6:30pm @ Community Center**  
**\$65 All Ages / Fee covers use at all**  
**Grappling Zone Facilities multiple days**

## TAEKWONDO

Sharpen your mind, strengthen your body with Master Jenny Pless. She has been teaching in Meadows Place Community Center since 2005 and teaches all skill levels from basic to advanced. Ongoing classes. **NO CLASS JULY 4th**

### REGISTER

**7/2 – 8/13 @ Community Center, Mon & Wed**  
**5-6pm (4-11 yrs.)**  
**6-7pm (12 years and adult)**  
**10 classes for \$60.00**  
**20 classes for \$99.00**  
**Uniform: \$30 (Pay to the instructor)**

## KARATE

American Society of Karate teaches American Karate to ages 5 – 70yr in a positive ever-changing

system. Its goal is to not be the largest, but to be the best. Instructors: 4<sup>th</sup> Degree Black Belt, Steve Puma and 3<sup>rd</sup> Degree Black Belt, Michael Puma. New full session to begin in April. **\$30 uniform Fee**

### REGISTER

**7/5 – 8/9 @ Community Center**

**Thursday 6:30- 7:30pm (5-12yr) \$45**

**Thursday 7:30- 8:30pm (13-70yr) \$45**

## ACTIVE ADULT 50+ PROGRAM

Active Adults meet Monday's at the **Discovery Center** for fellowship and fun. Come and join our Active Adult Community from **10:00am – 1:00pm.**

### MONDAY, July 2

Visit and meet friends while playing cards, dominos or sipping coffee.

**Book Club** will be discussing "The Year of Magical Thinking" by Joan Didion.

### MONDAY, July 9

Do you have what it takes to win the title of Best Pie or Best Cake? If so, bring your best baked goods to the 2<sup>nd</sup> Active Adult Bake-Off!

### MONDAY, July 16

Jewelry making project. Come and make a beautiful handcrafted bracelet. \$7. We will also have our dominos and board games for those who choose to not make a craft.

### MONDAY, July 23

We will travel to the Czech Museum, a local museum for a tour followed by lunch at Cleburne Cafeteria on your own. \$6 fee for the Museum.

### MONDAY, July 30

Come and play BINGO. Bring your quarters.



### McDonald Park Restroom:

The restroom is operating efficiently using a solar grid for power. The cost to maintain the facility is .08 cents per use. The vault capacity will require it to be emptied once every 4 months at a cost of \$240. Annual expense will be approximately \$960.

### Little Libraries:

McDonald Park is home to 3 Libraries built by YAC. The libraries offer a borrow and return honor system. There are books for all ages / Interest.

### Playground 4 All:

An inclusive swing has been installed in McDonald park. This marks the first item of many more to come towards completing a playground 4 all. This playground is solely funded through donations. The Youth Action Council YAC has been working hard to raise money for the completion of the project. They've raised \$34K and need an additional \$41K to complete Phase I. If you would like to donate contact Meadows Place City Hall. 281-983-2950.

### Community Pool:

The diving board is back in operation this year. The use of the slide, diving board and deep end will alternate each 30 minutes. Swim test will be required for those that choose to use the deep end.

### Splash Pad:

The splashpad is open for use from 9am – 10pm. To activate the pad there is a plate size black circle

on one corner of the pad. Gently move your foot over the pad and the water will run for 30 minutes.

### Discovery & Nature Center:

The Discovery Center will be used for meetings, art classes, yoga and Active Adults. A schedule will be posted outside the front entry door as well as the city website. The Nature Center has a separate entrance and will operate independently of the Discovery Center. Hours: 12-5pm, Tuesday – Saturday. Cost: \$2 per child / \$5 per adult. Annual passes are available. Ask about party rentals.

### Rentals:

If you're looking for a location to host a celebration or family gathering, the Community Center and Garden is a great local option. We also offer rentals of Covered Park Pavilions, Community Pool, Large BBQ Pit, & Kayaks. **Call for pricing 281-983-2935**

### Tennis Court Access:

Resident Access Cards are available for purchase at City Hall Monday – Friday 9am-4pm.

**Cards are \$50. Pickleball access cards are \$15.**

### How Do I Register for programs? **REGISTER**

Our programs **require pre-registration.**

Forms can be found on-line at **cityofmeadowsplace.org** under the department tab / parks and recreation / programs. Make checks payable to City of Meadows Place then mail to, 1 Troyan Dr., Meadows Place, 77477

You may also register in person at City Hall, Monday – Friday, 9am–4pm. After hours place form & payment in the night drop box in the City Hall parking lot.

**\*\*If a class has not met the minimum number of enrollment five (5) days prior to the start date, the class may be cancelled. Most classes have a maximum enrollment and are open on a first come, first serve basis. There will be no refund unless the class does not fill. Classes are NOT pro-rated unless stated. \*\***