



Meadows Place Parks and Recreation has many ways for you to get out, get active, and get involved. Stay current with the latest program and event information by checking the city website, Facebook and monthly newsletter.



### **CAMPOUT IN THE PARK**

Come and experience the great outdoors first hand. For those who have never camped and even those who are experienced this event will be fun for all. We will teach the basics of kayaking, fishing, etc. We will provide the meals and you will provide a tent and sleeping gear. Check in is at 1pm and activities will begin at 2pm. The event ends Sunday morning by 10am. This is a family event, at least one parent or guardian must be registered for youth under 18 to participate. Additional activities include, tandem kayaks, rock wall and nature themed crafts.

# **RECISTER** MUST Pre-Register

3/16, 1pm @ Meadows Place Lake, \$35 for family of 4 Additional \$10 pp. Must pre-register by March 9.

### March 2019 Parks & Recreation



# BANDS / FOOD TRUCKS / BEER & WINE

Meadows Place will host its spring concert series beginning this April. Join us for food, fun and live bands at McGrath Park. Bring a chair or blanket.

#### April 5 @ 7pm - TBD

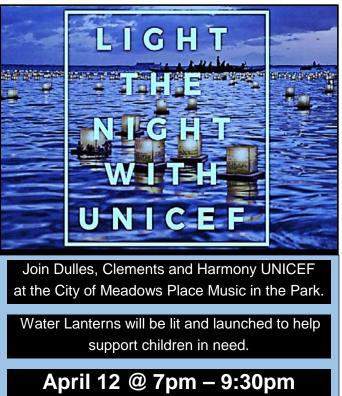
• Food Trucks / Beer & Wine

### April 12 @ 7pm – The Emotions

- Light the Night with UNICEF and launch a lantern on the lake. \$5 ea.
- Food Trucks / Beer & Wine

### April 26 @ 6pm-Old Town Meadows (At Elementary)

• Food/ Carnival / Performances



# "The Emotions" live band Food Trucks / Beer / Wine

McGrath Park / 12001 Brighto Ln / Meadows Place, 77477

\$5 per lantern

For registration or questions please contact <a href="mailto:lylanan@cityofmeadowsplace.org">lylanan@cityofmeadowsplace.org</a> / 346.754.5873



## SAFESITTER COURSE w/ CPR

Safesitter provides youths with lifeskills, safety skills, and child care aimed at building safer communities. Class is designed to teach youth how to be safe home alone, sibling sitter, and baby sitting. In addition, they will learn first aid and CPR.

# **REGISTER** MUST Pre-Register

3/16, Sat., @ Discovery Center 11am – 5:30pm, \$80 Resident /\$90 NonRes Ages 12+



### YOUTH COUNSELOR-IN-TRAINING

Counselors-In-Training (CITs) gain valuable training and experience by providing support to camp counselors and camp lead at camp. CITs will participate in lesson development training, assist the camp groups, learn how to teach acitivies, and lead games. T-shirt will be provided. Registration starts March 5<sup>th</sup>.

Requirement: Entering 6<sup>th</sup> grade thru 9<sup>th</sup>.

# **REGISTER** MUST Pre-Register

Weekly sessions / May 28 to August 16. Half day week \$40 / Full day week \$80



### FULL / HALF DAY SUMMER CAMP

Meadows Place will now offer All Day Summer Camp! Each week will be themed with exciting and action-packed activities catered to the age group! We will offer arts and crafts, outdoor adventure, fishing, boating, swimming, adventure days, cooking, science labs, plant & animal interactions, field trips for the older group and more!

- Registration begins March 4 Limited spots
- Weekly sessions / May 28 Aug 16
- Monday to Friday, 8am to 5pm Full Day; 8am to 12:30pm Half Day
- Additional fee for early drop off

# RECISTER Grades 1 - 5

Week 1- Wacky Week

Week 2- Bug's Life

Week 3- Fun-N-Fitness

Week 4 - Hogsworth's Halls

Week 5 - Survivor

Week 6 - Stars & Stripes; NO CAMP ON JULY 4

Week 7 - Inventor's Workshop

Week 8 - Adventureland

Week 9 - Reptiles & Amphibians Wranglers

Week 10 – Movin N Groovin

Week 11 - Best of the Best

Full Day-\$130 Resident / \$155 Non-Resident; Half Day- \$70 Resident / \$95 Non-Resident;

\*This camp is not a state licensed day-care



### COUNTRY SIDE MOBILE VET

Vaccinations, heartworm testing & prevention! Call 713-492-8045 for more information <u>www.countrysidemobilevet.com</u>

4/14, 3:30 - 5:00pm @ Community Center



# ALL HIGH-SCHOOL STUDENTS

Would you like to be a part of a national organization while making a difference in your own community? Do you need or want volunteer hours for school or college applications?

# Attend next meeting there is no fee to join. BRING A FRIEND!

3/1 – Social / Meeting @ Nature Center 6:30pm
3/16 - Volunteer at Campout in the Park Event 1pm
3/29 – Election of new officers / Social 6:30 @ NC
For more info call or text 281-642-7696

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Meadows Place Community Garden meets twice a month to plant, till and weed the beds on the second & fourth Saturday of the month at 9am. If you are interested in learning how to grow and tend a garden, just show up and you will be taught.

### 2<sup>nd</sup> & 4<sup>th</sup> Sat., 9am @ Community Garden



Active Adults meet Monday's at the Discovery Center for fellowship and fun.

Come and meet our Active Adult Community from 10:00am – 1:00pm @ 11938 Amblewood, Meadows Place, 77477

**MONDAY, March 4-** Game play and book club will meet to discuss *Spark of Light* by Jodi Picoult.

**MONDAY, March 11-** We will take a tour of the Atrium Medical Center. They will also provide information regarding in-network and out of network services. We will meet at the Discovery Center and head over to the Atrium at 10:45am.

**MONDAY, March 18-** We are taking a trip to the Painted Churches in Schulendburg! We will leave the Discovery Center at 8:00am. If more than 5 sign up, we will rent a van and there will be a fee of \$20 per person.

If you would like to carpool, please email lylanan@cityofmeadowsplace.org by March 15<sup>th</sup> to RSVP.

**MONDAY, March 25-** Come and play BINGO. Bring your quarters.

# OVER 50 & FIJ

Strengthen your core muscles as well as improve stability and range of motion. Most exercises are done while sitting in a chair. All genders and ages are welcome.



3/5 - 3/28, T/TH, 10AM Community Center \$20



# YOGA

Center your mind and body in this calming, breathfocused class. Build your endurance with standing postures that transition into floor work and an extended time of silent meditation. No previous yoga experience necessary. **(Space is limited)** 

### REGISTER

3/5 – 3/26, Wed. 7 pm @ Discovery Center, \$30



# TAI CHI CHIH

It is a moving meditation with 19 movements and one pose that are easy to learn and have profound effects. Benefits may include:

- Balanced physical energy and stamina;
- Building a healthy posture;
- Improving our joint flexibility;
- Promoting spiritual serenity;
- Focusing our mind and awareness

### REGISTER

3/6 – 3/27, Wed., @ Community Center 10am-11am, \$20 3/6 – 3/27, Wed., @ Discovery Center 6pm-7pm, \$20

### March 2019 Parks & Recreation



Come shake, shimmy, and dance those calories away!!!! A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

**REGISTER** NO CLASS 3/11, 3/13. 3/4 – 4/22, Mon., Community Center 3/7 – 4/25, Thurs., Discovery Center 6:45pm – 7:45pm, \$60, Walk In \$6

# TENNIS COURT / PICKLEBALL ACCESS



Resident Access Cards are available for purchase at City Hall, Monday – Friday 9am-4pm. Cards are valid through May of each year.

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### TAEKWONDO

Sharpen your mind, strengthen your body with Master Jenny Pless. She has been teaching in Meadows Place Community Center since 2005 and teaches all skill levels from basic to advanced. Ongoing classes. **No class: 3/11, 3/13** 

### **REGISTER** MUST Pre-Register

4/2 – 5/17 5-6pm (4-11 yrs.) 6-7pm (12 years and adult) 12 classes for \$59 (\$30 uniform fee) 6 classes for \$39 (Free uniform)

For registration or questions please contact <a href="mailto:lylanan@cityofmeadowsplace.org">lylanan@cityofmeadowsplace.org</a> / 346.754.5873



## KARATE

American Society of Karate teaches American Karate to ages 5 – 70yr in a positive ever-changing system. Its goal is to not be the largest, but to be the best. Instructors: 4<sup>th</sup> Degree Black Belt, Steve Puma and 3<sup>rd</sup> Degree Black Belt, Michael Puma. Students may try the first class for free before registering. **No class week of spring break.** 

### REGISTER

**MUST Pre-Register** 

4/4 – 5/30 @ Community Center Thursday 6:30- 7:30pm (5-12yr) \$45 Thursday 7:30- 8:30pm (13-70yr) \$45 \$30 Uniform Fee to Instructor.



### **SPANISH PLAYTIME**

Join us for a fun afternoon *en español*. Presented by Entre Dos Podcast and Melissa Martinez, this **FREE** event for kids features a story reading in Spanish followed by play and crafts.

\*Parents must stay with their children during the event.\*

### 3/23, Sat., 3pm – 4pm @ Nature Center (2yr-8yr)



Come visit the Nature Center and enjoy interacting with hands on activities and animal encounters. **Call 346-754-5897 for more information.** 

Tues. – Fri., 9:30am – 2:30pm Sat., 12pm-5pm \$2 child / \$5 adult / Annual \$10 child / \$15 adult Fee includes access to facility and all activities (Theme changes monthly)

What creepy crawlers lurch in your backyard? Come join us as we learn about......



### Other Weekly Nature Center Activities Include:

Tues. @ 10:30 - Animal Parade - Dress Up / Learn

Wed. @ 10:30 - Tot Time- Stories and Puppets

Thurs.@ 10:30 – Meet the Animals or Make a Craft

\*\*\*If you would like to feed the tortoise you may bring romaine, strawberries, apples.





Nature Center Party packages are available to include animal encounters, crafts and activities. **Call for pricing and availability. 346-754-5873** 

For registration or questions please contact <a href="mailto:lylanan@cityofmeadowsplace.org">lylanan@cityofmeadowsplace.org</a> / 346.754.5873

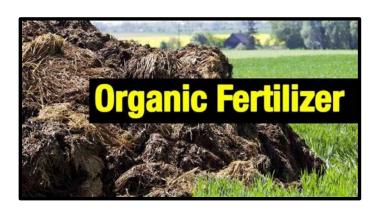


NATURE CENTER KID WORKSHOP

The Nature Center will offer DIY workshops for kids to build their own masterpiece! *Parents must accompany kids ages 5-10 years old.* 

**REGISTER** MUST Pre-Register 3/9, Sat., 1pm (10yr+) \$5 Make your own ant farm

**RECISTER** MUST Pre-Register 3/16, Sat., 1pm (5yr+) \$3 Catepillars on a Clothespin



Rabbit manure is packed with phosphorous, nitrogen, and potassium as well as many other minerals and micronutrients making it perfect for your garden.

It also has low odor, is a cold manure (meaning it won't burn your plants) and is simple to use. Compost it, make tea, or sprinkle it.

All natural Bunny Balls are available for purchase during business hours at the Nature Center 11938 Amblewood, Meadows Place Tues-Fri, 9:30am- 2:30pm / Sat 12 – 5pm

1-gallon bag of "All-Natural Bunny Balls" \$5



### LIFEGUARDS / CAMP COUNSELORS SWIM INSTRUCTORS

The City of Meadows Place is accepting applications starting <u>NOW through March 17,</u> <u>2019</u> for Summer 2019. Applications can be picked up and turned in at City of Meadows Place City Hall. You must be 15 years of age to apply. If applying for the lifeguard position, you must pass the prerequisite requirements, and available for *ALL* training dates TBD in April. Parent's must attend orientation night TBD in April.



**Our programs require pre-registration.** There are three ways to register. Forms can be found on-line at **cityofmeadowsplace.org** under the department tab / parks and recreation / programs. Make checks payable to City of Meadows Place then mail to, 1 Troyan Dr. You may also register in person at City Hall, Monday thru Friday between 9am–4pm. If after hours, place form & payment in the night drop box in the City Hall parking lot.

\*\*If a class has not met the minimum number of enrollment five (5) days prior to the start date, the class may be cancelled. Most classes have a maximum enrollment and are open on a first come, first serve basis. There will be no refund unless the class does not fill. Classes are NOT pro-rated unless stated. \*\*

### **\*FACILITY RENTAL & LOCK - IN**

If you're looking for a location to host a celebration or family gathering, the Community Center and Garden is a great local option.

We also offer rentals of Covered Park Pavilions, Community Pool, Large BBQ Pit, Kayaks and Overnight Lock- Ins.

Call for pricing and availability. 346-754-5873