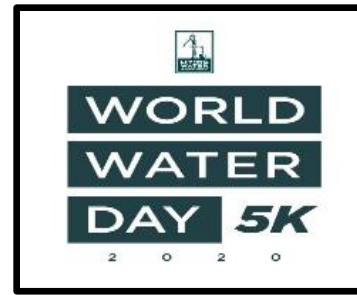




MEADOWS PLACE
Parks & Recreation

Meadows Place Parks and Recreation has many ways for you to get out, get active, and get involved. Stay current with the latest program and event information by checking the city website, Facebook and monthly newsletter.



MARCH 28

Your walk or run will impact the lives of thirsty people around the world!

The World Water Day 5K is March 28. In Meadows Place. Hundreds will take the streets to provide safe water to those who need it. Neighbors are welcome to join in by running or walking the 5k, the kids' dash, or volunteering. **Register NOW.**

Sponsored by Living Water International.

Race Contact Info: jcollins@water.cc



LIFEGUARDS & SWIM INSTRUCTORS

The City of Meadows Place is accepting applications for Summer 2020. Applications can be picked up and turned in at City of Meadows Place City Hall or Nature & Discovery Center @ 11938 Amblerwood Dr. Must be 15 years of age to apply.

If applying for the lifeguard position, you must pass the prerequisite requirements, and available for one of the following lifeguard classes:

Prerequisites: Minimum age: 15 years; Swim 300 yards continuously; Tread water for 2 minutes using only the legs; Complete a timed event within 1 minute, 40 seconds by starting in the water, swimming 20 yards, surface dive to a depth of 7 to 10 feet to retrieve a 10-pound object, return to the surface and swim 20 yards on the back to return to the starting point, exit without using steps or ladder.

Must attend all 3 days to become certified

March 20 – 22 / April 24 – 26 / May 8 – 10



Join us for a time of fun activities for all ages while connecting with your family and others.

Kayaking - Cane Pole Fishing - Nature Crafts

Animal ID - Scavenger Hunts - Campfire

S'mores - Night sounds - Cook Out

Items to bring:

Folding Chair, Water Bottle, Sunscreen, Snacks. We will provide the rest.

*Camping overnight is optional with prior approval.

REGISTER MUST Pre-Register by March 5th

3/7, McGrath Park, All Ages, \$7 each or \$25 for family of 4

For program or event questions please email mrenaud@cityofmeadowsplace.org



Friday nights in April bring your lawnchairs and enjoy an evening of music & food in McGrath Park.

- 4/3 – 7-9pm, Live Band, Beer & Food Trucks
- 4/17 – 6-9pm, Old Town Meadows & Live Band
- 4/24 – 7-9pm, Live Band, Beer & Food Trucks



Come visit the Nature Center and enjoy hands on activities and animal encounters.

Planned Weekly Activities Include:

- Tues. @ 10:30 – Mom & Tot Meet Up
- Wed. @ 10:30 – Story Time
- Thurs. @ 10:30 – Meet the Animals

Hours:

- Tues. – Fri., 9:30am - 2:30pm
- Sat., 12pm - 5pm

\$2 child / \$5 adult / Annual \$10 child / \$15 adult
Call 281-642-7701 for more information.



Come meet Chip & Dale our Sugar Gliders

For program or event questions please email mrenaud@cityofmeadowsplace.org

SAVE THE DATE

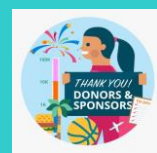
FRIDAY APRIL 17TH

Mark McGrath Municipal Park
6:00-9:00pm

Meadows Elementary PTO presents

Old Town Meadows

Part of City of Meadows Place Music in the Park series



CAN YOU HELP?

We are seeking event sponsors as well as raffle and live/silent auction donations from individuals and businesses. Contact information below.

Thank you so much for your support of Meadows Elementary!



Please email Danni Dancer at OTMCoordinator@gmail.com with any questions or if you are interested in sponsoring or helping secure live auction donations.



Register Now

Grades 1st – 5th

Join us this summer for 10 weeks of discovery and action-packed adventure! Each week will be themed with activities to include arts & crafts, outdoor adventures, swimming, cooking, science, plant & animal interactions, and Much More!!

REGISTER

Pre-Register Now @ \$125.00

1ST Day of camp registration: \$150.00

- Weekly sessions June 1 to August 7
- Monday to Friday, 8am to 5pm Full Day; 8am to 12:30pm Half Day
- Additional fee for early drop-off/late pick-up



Make a difference and help clean our beaches. Bring friends & family to support this global event. 4/18 at Galveston Island. More info coming.



If you are in High School come and meet up with your friends for food, fun and volunteering!

3/7 @ 2pm, Family Camp , McGrath Park
3/28 @ 7am, 5K Fun Run, McGrath Park



TENNIS COURT / PICKLEBALL ACCESS

Resident Access Cards are available for purchase at City Hall Monday – Friday 9am-4pm. Cards are \$50 . Cards are valid through May of each year.



A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a lot of fun.

REGISTER MUST Pre-Register
4/3 – 4/27, Mon., 7:30pm-8:30pm
4/3 – 4/17, Fri., 6:00am-7:00am
Community Center, \$65 session, \$6 Walk-in



Active Adults meet Monday's at the Discovery Center for fellowship and fun. Come and meet our Active Adult Community.

10:00am – 1:00pm @ 11938 Amblewood

MONDAY, March 2

Game play and book club will meet to discuss the novel:


The Book Woman of Troublesome Creek
by Kim Michele Richardson

MONDAY, March 9

Captain Jack will speak on IRS and other scams occurring through your internet, phone, and email. This is not to be missed!!

MONDAY, March 16

ST. PATTY'S DAY DANCE!!

 Wear your green and join your friends for music, dancing, good food, and a most memorable St. Patrick's day party!

MONDAY, March 23

We have an airfryer demonstration. The dish is a surprise Starts at 10:30 AM.

MONDAY, March 30

BINGO DAY!! Bring your quarters



Strengthen your core muscles as well as improve stability and range of motion. Most exercises are done while sitting in a chair. All genders and ages are welcome.

4/2 – 4/30 T/TH, 10AM Community Center
\$25



TAI CHI EXERCISES

FOR BETTER MOVEMENT AND BALANCE

It is a moving meditation with 19 movements and one pose that are easy to learn and have profound effects. Benefits may include:

- Balanced physical energy and stamina;
- Building a healthy posture;
- Improving joint flexibility;
- Promoting spiritual serenity;
- Focusing your mind and awareness

REGISTER MUST Pre-Register

3/2-3/24, Mon/Fri @ Community Center,
11975 Dorrance, 10am – 11am,

Pick one day for \$20, add. day is \$10



KARATE

American Society of Karate teaches American Karate to ages 5 – 70yr in a positive ever-changing system. Its goal is to not be the largest, but to be the best. Instructors: 4th Degree Black Belt, Steve Puma and 3rd Degree Black Belt, Michael Puma. Students may try the first class for free.

REGISTER MUST Pre-Register.

1/9 – 3/26 @ Community Center

Thursday 6:30- 7:30pm (5-12yr) \$50

Thursday 7:30- 8:30pm (13-70yr) \$50

\$30 Uniform Fee to Instructor. No class week of Spring Break.



TAE-KWON-DO

No class March 9th, March 11th

Sharpen your mind, strengthen your body with Master Jenny Pless. She has been teaching in Meadows Place Community Center since 2005 and teaches all skill levels from basic to advanced.

REGISTER MUST Pre-Register

4/1 – 5/18

5-6pm (4-11 years old)

6-7pm (12 years old and adult)

14 classes for \$75 (\$30 uniform fee)

7 classes for \$45 (\$30 uniform fee)



*HOW DO I REGISTER?

REGISTER

Our programs require pre-registration.

There are three ways to register.

- Forms can be found on-line at **cityofmeadowsplace.org** under the department tab / parks and recreation / programs. Complete and mail..
- You may also register in person at City Hall, Monday thru Friday between 9am–4pm.
- If after hours, place form & payment in the night drop box in the City Hall parking lot.

**If a class has not met the minimum number of enrollment five (5) days prior to the start date, the class may be cancelled. Most classes have a max. enrollment and are open on a first come basis. There will be no refund unless the class doesn't fill.