



MEADOWS PLACE

IT STARTS IN PARKS

Coaching. Connecting. Community.

Meadows Place Parks and Recreation has many ways for you to get out, get active, and get involved. Stay current with the latest program and event information by checking the city website, Facebook and monthly newsletter.



PARENTS' NIGHT OUT

Enjoy a night out or some quiet time at home and have the Meadows Place YAC sitters entertain the kids in a fun and safe environment. Dinner included.

REGISTER MUST Pre- Register!
 \$15 per child / \$5 each additional
 2/15, 5:30pm –10pm @ Discovery Center (4yr+)



LIFEGUARDS / CAMP COUNSELORS / SWIM INSTRUCTORS

The City of Meadows Place is accepting applications starting **NOW through March 17, 2019** for Summer 2019. Applications can be picked up and turned in at City of Meadows Place City Hall. You must be 15 years of age to apply. If applying for the lifeguard position, you must pass the prerequisite requirements, and available for **ALL** training dates TBD in April. Parent's must attend orientation night TBD in April. For additional information, please email lylanan@cityofmeadowsplace.org.



COMMUNITY GARDEN

The Community Garden meets twice a month to plant, till and weed the beds on the second & fourth Saturday of the month at 9am. If you are interested in learning how to grow and tend a garden, just show up and you will be taught.

2nd & 4th Sat., 9am @ Community Garden

LG Prerequisites: Minimum age: 15 years; Swim 300 yards continuously; Tread water for 2 minutes using only the legs; Complete a timed event within 1 minute, 40 seconds by starting in the water, swimming 20 yards, surface dive to a depth of 7 to 10 feet to retrieve a 10-pound object, return to the surface and swim 20 yards on the back to return to the starting point, exit the water without using steps or a ladder.



CAMPOUT IN THE PARK

Come and experience the great outdoors first hand. For those who have never camped and even those who are experienced this event will be fun for all. We will teach the basics of kayaking, fishing, etc. We will provide the meals and you will provide a tent and sleeping gear. Check in is at 1pm and activities will begin at 2pm. The event ends Sunday morning by 10am. This is a family event, at least one parent or guardian must be registered for youth under 18 to participate. Additional activities include, tandem kayaks, rock wall and nature themed crafts.

REGISTER MUST Pre-Register

3/16, 1pm @ Meadows Place Lake, \$35 for family of 4 Additional \$10 pp. Must pre-register by March 9.



Be the sitter that all parents & kids want!

Safe Sitter® Course

SAFESITTER COURSE w/ CPR

Safesitter provides youths with lifeskills, safety skills, and child care aimed at building safer communities. Class is designed to teach youth how to be safe home alone, sibling sitter, and baby sitting. In addition, they will learn first aid and CPR.

REGISTER MUST Pre-Register

3/16, Sat., @ Discovery Center
11am – 5:30pm, \$80 Resident / \$90 NonRes
Ages 12+



FULL DAY / HALF DAY CAMP

Meadows Place is now offering full and half day summer camps! Each week will be themed with exciting and action-packed activities! We will offer arts and crafts, outdoor adventure, fishing, boating, swimming, adventure days, science labs, plant & animal interactions and more!

- Registration begins March 5
- Limited spots available
- Weekly sessions / May 28 to August 16.
- Half day \$70 Residents / \$95 Non-Resident
- Full day \$130 Resident / \$155 Non-Resident
- Additional fee for early drop off
- Mon. – Fri., 8am -12:30pm & 8am - 5pm
- Grades 1 – 6

*This camp is not a state licensed day-care



YOUTH COUNSELOR-IN-TRAINING

Counselors-In-Training (CITs) gain valuable training and experience by providing support to camp counselors and camp lead at camp. CITs will participate in lesson development training, assist the camp groups, learn how to teach activities, and lead games. T-shirt will be provided. Registration starts March 5th.

Requirement: Entering 6th grade thru 9th .

REGISTER MUST Pre-Register

Weekly sessions / May 28 to August 16.
Half day week \$40 / Full day week \$80



Ever wonder if the snake you see in your yard is poisonous? Do lizards make good pets? How fast can a turtle move? Wonder no more! Learn through arts & crafts, stories and hands on fun.



Tues. – Fri., 9:30am – 2:30pm
 Sat., 12pm – 5pm
 \$2 child / \$5 adult / Annual \$10 child / \$15 adult
 (Theme changes monthly)

Weekly Nature Center Activities Include:

Tues. @ 10:30 – Animal Parade - Dress Up / Learn
 Wed. @ 10:30 – Tot Time- Stories and Puppets
 Thurs. @ 10:30 – Meet the Animals or Make a Craft
 ***If you would like to feed the tortoise you may bring romaine, strawberries, apples.



Nature Center Party packages are available to include animal encounters, crafts and activities.

Call for pricing and availability. 346-754-5873.



How To Use Rabbit Poop Fertilizer



Rabbit manure is packed with phosphorous, nitrogen, and potassium as well as many other minerals and micronutrients making it perfect for your garden. It also has low odor, is a cold manure (meaning it won't burn your plants) and is simple to use. Compost it, make tea, or sprinkle it.

All natural Bunny Balls are available for purchase during business hours at the Nature Center. Tues-Fri, 9:30am- 2:30pm / Sat 12 – 5pm

1-gallon bag of "All-Natural Bunny Balls" \$5



NATURE CENTER KID WORKSHOP

The Nature Center will offer DIY workshops for kids to build their own masterpiece! *Parents must accompany kids ages 5-10 years old.*

REGISTER MUST Pre-Register
 2/9, Sat., 1pm (10yr+) \$3
 Learn to make an origami frog, lizard, & snake.

REGISTER MUST Pre-Register
 2/16, Sat., 1pm (5yr+) \$3
 Make a snake with dad's old necktie.



ALL HIGH-SCHOOL STUDENTS

Would you like to be a part of a national organization while making a difference in your own community? Do you need or want volunteer hours for school or college applications?

Attend next meeting to learn more. There is no fee to join. BRING A FRIEND!

2/1 – Social / Meeting @ Nature Center 6:30pm

2/16 - Volunteer at Parent Night Out

2/23-2/24 - YAC Summit @ Fort Worth \$125

For more info call or text 281-642-7696 w/ questions.



Active Adults meet Monday's at the Discovery Center for fellowship and fun. Come and join our Active Adult Community from **10:00am – 1:00pm @ 11938 Amblewood, Meadows Place, 77477**

MONDAY, February 4- Game play and book club will meet to discuss *Small Great Things* by Jodi Picoult and *The Little Paris Bookshop* by Nina George

MONDAY, February 11- Come and enjoy a Valentine's Day themed tea party. Bring your favorite tea party snack and be sure to wear red!

MONDAY, February 18- Join us as we explore Chinatown! Lunch will be at Sinh Sinh Chinese restaurant. We will leave the Discovery Center at 10:30am. If you would like to carpool, please email lylanan@cityofmeadowsplace.org by February 15th to RSVP.

MONDAY, February 25- Come and play BINGO. Bring your quarters.



TAI CHI CHIH

It is a moving meditation with 19 movements and one pose that are easy to learn and have profound effects. Benefits may include:

- Balanced physical energy and stamina;
- Building a healthy posture;
- Improving our joint flexibility;
- Promoting spiritual serenity;
- Focusing our mind and awareness

REGISTER

2/6 – 2/27, Wed., @ Community Center 10am-11am, \$20

2/6 – 2/27, Wed., @ Community Center 6pm-7pm, \$20



Come shake, shimmy, and dance those calories away!!!! A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

REGISTER

2/6 – 3/27 Wed., Community Center 6:45pm – 7:45pm, \$60, Walk In \$6

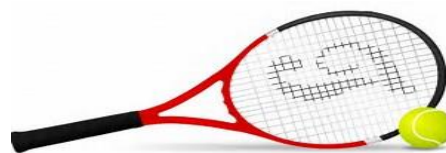
OVER 50 & FIT

Strengthen your core muscles as well as improve stability and range of motion. Most exercises are done while sitting in a chair. All genders and ages are welcome.

REGISTER

2/5 – 2/27, T/TH, 10AM Community Center \$20

TENNIS COURT / PICKLEBALL ACCESS



Resident Access Cards are available for purchase at City Hall, Monday – Friday 9am-4pm. Cards are valid through May of each year.



Registration is now open for Meadows Place Pony Baseball Spring Season for boys and girls age 4-12yr. www.mppony.org

IT STARTS IN
PARKS
Coaching. Connecting. Community.

*HOW DO I REGISTER?

REGISTER

Our programs require pre-registration. There are three ways to register. Forms can be found on-line at cityofmeadowsplace.org under the department tab / parks and recreation / programs. Make checks payable to City of Meadows Place then mail to, 1 Troyan Dr. You may also register in person at City Hall, Monday thru Friday between 9am–4pm. If after hours, place form & payment in the night drop box in the City Hall parking lot.

**If a class has not met the minimum number of enrollment five (5) days prior to the start date, the class may be cancelled. Most classes have a maximum enrollment and are open on a first come, first serve basis. There will be no refund unless the class does not fill. Classes are NOT pro-rated unless stated. **

***FACILITY RENTAL & LOCK - IN**

If you're looking for a location to host a celebration or family gathering, the Community Center and Garden is a great local option.

We also offer rentals of Covered Park Pavilions, Community Pool, Large BBQ Pit, Kayaks and Overnight Lock- Ins.

Call for pricing and availability. 346-754-5873



TAEKWONDO

Sharpen your mind, strengthen your body with Master Jenny Pless. She has been teaching in Meadows Place Community Center since 2005 and teaches all skill levels from basic to advanced. Ongoing classes.

No class 1/21, 2/18, 3/11, 3/13

REGISTER MUST Pre-Register

1/7 – 3/27

5-6pm (4-11 yrs.)

6-7pm (12 years and adult)

10 classes for \$59 (\$30 uniform fee)

20 classes for \$99 (Free uniform)



KARATE

American Society of Karate teaches American Karate to ages 5 – 70yr in a positive ever-changing system. Its goal is to not be the largest, but to be the best. Instructors: 4th Degree Black Belt, Steve Puma and 3rd Degree Black Belt, Michael Puma. Students may try the first class for free before registering. **MUST Pre-Register**

REGISTER No class week of spring break.

1/10 – 3/28 @ Community Center

Thursday 6:30- 7:30pm (5-12yr) \$50

Thursday 7:30- 8:30pm (13-70yr) \$50

\$30 Uniform Fee to Instructor.