



Meadows Place Parks and Recreation has many ways for you to get out, get active, and get involved. Stay current with the latest program and event information by checking the city website, Facebook and monthly newsletter.



Join us for a time of fun activities for all ages while connecting with your family and others.

Kayaking - Cane Pole Fishing - Nature Crafts

Animal ID - Scavenger Hunts - Campfire

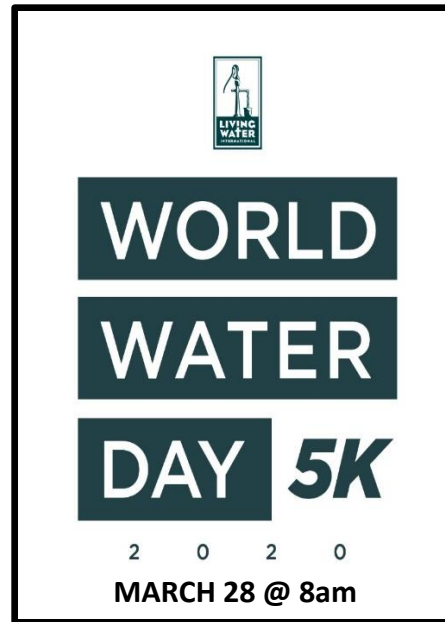
S'mores - Night sounds - Cook Out

Items to bring:
Folding Chair, Water Bottle, Sunscreen, Snacks.
We will provide the rest.

*Camping overnight is optional with prior approval.

REGISTER MUST Pre-Register by March 2

3/7, McGrath Park, All Ages, \$7 each or \$25 for family of 4



Your walk or run will impact the lives of thirsty people around the world!

The World Water Day 5K will take place right here in Meadows Place on March 28. Hundreds will take the streets to provide safe water to those who need it. Neighbors are welcome to join in by running or walking the 5k, the kids' dash, or volunteering.

Registration is open and volunteer positions are available. Sponsored by Living Water International.

Race Contact Info: jcollins@water.cc



FROM ASTURIA TO SALZBURG AND AUSTRALIA, A MUSICAL TRIP
Featuring Opus 4 String Quartet

Come enjoy the beautiful music of Opus 4. Light refreshments and adult beverages will be served at this free community event. Doors open at 6:30pm..

2/22, 7pm @ City Hall, No Fee



LIFEGUARDS, CAMP COUNSELORS, & SWIM INSTRUCTORS WANTED

The City of Meadows Place is accepting applications **January 1 through March 21, 2020** for Summer 2020. Applications can be picked up and turned in at City of Meadows Place City Hall. You must be 15 years of age to apply.

If applying for the lifeguard position, you must pass the prerequisite requirements, and available for **ALL** training dates TBD in April.

Prerequisites: Minimum age: 15 years; Swim 300 yards continuously; Tread water for 2 minutes using only the legs; Complete a timed event within 1 minute, 40 seconds by starting in the water, swimming 20 yards, surface dive to a depth of 7 to 10 feet to retrieve a 10-pound object, return to the surface and swim 20 yards on the back to return to the starting point, exit without using steps or ladder.

Cityofmeadowsplace.org / 281-642-7701



If you are in High School come and meet up with your friends for food, fun and volunteering! -It's FREE-

- 2/7 @ 6pm, Discovery Center
- 2/21 @ 6pm, Discovery Center
- 3/7 @ 2pm, Family Camp , McGrath Park
- 3/28 @ 7am, 5K Fun Run, McGrath Park

Text 281-642-7696 for more details



Come visit the Nature Center and enjoy hands on activities and animal encounters.

Tues. – Fri., 9:30am - 2:30pm
Sat., 12pm - 5pm
\$2 child / \$5 adult / Annual \$10 child / \$15 adult



Come meet Queso the Bearded Dragon

Planned Weekly Activities Include:

Tues. @ 10:30 – Mom & Tot meet up- explore, play

Wed. @ 10:30 – Tot Time- Stories and Puppets

Thurs. @ 10:30 –Meet the Animals

***If you would like to feed the tortoise you may bring romaine, strawberries, apples.

Call 346-754-5897 for more information.



IMPROVED WALKING TRAILS

If you are utilizing the city walking trails please note upcoming improvements. Solar light poles and sitting benches will be added over the next few months along both bayou trails.



TENNIS COURT / PICKLEBALL ACCESS

Resident Access Cards are available for purchase at City Hall Monday – Friday 9am-4pm. Cards are \$50 . Cards are valid through May of each year.



HEALING WITH ESSENTIAL OIL

Come and join the free class and learn about the many benefits of essential oil. Mrs. Moa will discuss the perfect plan to meet your specific needs at any age. Samples will be provided.

2/1-2/29 Sat., @ Discovery Center, 11938 Amblerwood, 1pm-2pm , FREE



Come shake, shimmy, and dance those calories away!!!! A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

REGISTER MUST Pre-Register
1/6-2/24, Mon., 7:30pm-8:30pm
1/10-2/28, Fri., 6:00am-7:00am
Community Center
\$65 session, \$6 Walk-in

OVER 50 & FIT

Strengthen your core muscles as well as improve stability and range of motion. Most exercises are done while sitting in a chair. All genders and ages are welcome.

2/4-2/27 T/TH,10AM Community Center \$25



TAI CHI EXERCISES

FOR BETTER MOVEMENT AND BALANCE

It is a moving meditation with 19 movements and one pose that are easy to learn and have profound effects. Benefits may include:

- Balanced physical energy and stamina;
- Building a healthy posture;
- Improving joint flexibility;
- Promoting spiritual serenity;
- Focusing your mind and awareness

REGISTER MUST Pre-Register
2/3-2/28, Mon/Wed/ Fri @ Community Center, 11975 Dorrance, 10am – 11am,
Pick one day for \$20, add. day is \$10



KARATE

American Society of Karate teaches American Karate to ages 5 – 70yr in a positive ever-changing system. Its goal is to not be the largest, but to be the best. Instructors: 4th Degree Black Belt, Steve Puma and 3rd Degree Black Belt, Michael Puma. Students may try the first class for free.

REGISTER MUST Pre-Register.

1/9 – 3/26 @ Community Center

Thursday 6:30- 7:30pm (5-12yr) \$50

Thursday 7:30- 8:30pm (13-70yr) \$50

\$30 Uniform Fee to Instructor. No class week of Spring Break.

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TAE-KWON-DO

Sharpen your mind, strengthen your body with Master Jenny Pless. She has been teaching in Meadows Place Community Center since 2005 and teaches all skill levels from basic to advanced.

REGISTER MUST Pre-Register

1/13 – 3/20, Mon. & Wed.

5-6pm (4-11 yrs.)

6-7pm (12 years and adult)

10 classes for \$60 (\$30 uniform fee)

20 classes for \$99 (\$30 uniform fee)

Free uniform to first 10 new students.

No class March 9th, March 11th



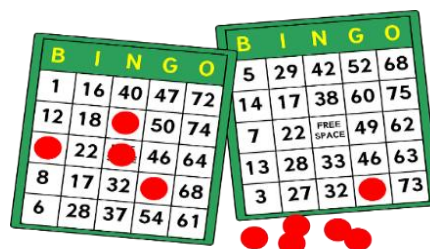
Active Adults meet Monday's at the Discovery Center for fellowship and fun. Come and meet our Active Adult Community.

10:00am – 1:00pm @ 11938 Amblewood

- MONDAY, February 3**
 Game play and book club will meet to discuss;
Tattooist of Auschwitz, A Novel (Book One) by Heather Morris
- MONDAY, February 10**
 Come and enjoy a Valentine's Day themed tea party. Bring your favorite tea party snack and be sure to wear red!



- MONDAY, February 17**
Bonus Bingo Day! Bring your quarters.
- MONDAY, February 24**
 Come and play BINGO. Bring quarters.





need to know

BOWLING

Meadows Place Ladies Bowling Team bowls every Wednesday morning, 9am @ Emerald Bowl; Come join the team, meet new friends and get active!

Call: 281.498.8330

*HOW DO I REGISTER?

REGISTER

Our programs require pre-registration.

There are three ways to register.

- Forms can be found on-line at **cityofmeadowsplace.org** under the department tab / parks and recreation / programs. Make checks payable to City of Meadows Place then mail to, 1 Troyan Dr.
- You may also register in person at City Hall, Monday thru Friday between 9am–4pm.
- If after hours, place form & payment in the night drop box in the City Hall parking lot.



COMMUNITY GARDEN

The Community Garden meets twice a month to plant, till and weed the beds on the second & fourth Saturday of the month at 9am. If you are interested just show up and you will be taught.

2nd & 4th Sat., 9am @ Community Garden

**If a class has not met the minimum number of enrollment five (5) days prior to the start date, the class may be cancelled. Most classes have a maximum enrollment and are open on a first come, first serve basis. There will be no refund unless the class does not fill. Classes are NOT pro-rated unless stated. **

*FACILITY RENTAL & LOCK - IN

If you're looking for a location to host a celebration or family gathering, the Community Center and Garden is a great local option.

We also offer rentals of Covered Park Pavilions, Community Pool, Large BBQ Pit, Kayaks and Overnight Lock- Ins.



Registration is now open for Meadows Place Pony Baseball Spring Season for boys and girls age 4-12yr.

*BIRTHDAY PARTY RENTAL

Nature Center Party packages are available & include animal encounters, activities and decorations. 2 Party Host will be on hand to make your experience seamless.

Call for pricing and availability. 346-754-5873

Practices will begin in February and games will be played on Saturdays through late May.

Go to www.mppony.org for info and to register.

For questions, email info@mppony.org.

