

## **MEADOWS PLACE**



Meadows Place Parks and Recreation has many ways for you to get out, get active, and get involved. Stay current with the latest program and event information by checking the city website, Facebook and monthly newsletter.



# BANDS / FOOD TRUCKS BEER & WINE

Meadows Place will host its spring concert series beginning this April. Join us for food, fun and live bands at McGrath Park. Bring a chair or blanket.

#### April 5 @ 7pm - The Colao Band

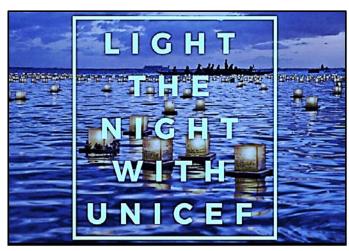
Food Trucks / Beer & Wine

#### April 12 @ 7pm - The Emotions

- Light the Night with UNICEF and launch a lantern on the lake. \$5 ea.
- Food Trucks / Beer & Wine

#### April 26 @ 6pm-Old Town Meadows

- Located at Meadows Elementary
- Food/ Carnival / Performances



Join Dulles, Clements and Harmony UNICEF at the City of Meadows Place Music in the Park.

Water Lanterns will be lit and launched to help support children in need.

April 12 @ 7pm – 9:30pm "The Emotions" live band Food Trucks / Beer / Wine

McGrath Park / 12001 Brighto Ln / Meadows Place, 77477

\$5 per lantern



#### COUNTRY SIDE MOBILE VET

Vaccinations, heartworm testing & prevention!

Call 713-492-8045 for more information www.countrysidemobilevet.com

4/14, 3:30 - 5:00pm @ Community Center

### April 2019 Parks & Recreation



#### POOL WRISTBAND PRE-SALE

Avoid the lines and pre-purchase your pool wristband starting May 1 at City Hall, Monday – Friday from 9am – 4pm. Annual seasonal access to the City of Meadows Place Pool is available **ONLY** to Meadows Place residents. A Driver's License along with a city water bill **MUST** be shown in order to purchase access wristbands. Each family member is required to have a wristband for entry. Buy now and avoid the lines.

5/1 – 6/1, 9am-4pm @ City Hall, Residents Only, \$5 each until June 1. After June 1 fee is \$10 ea.



#### SWIM LESSONS

Classes are taught by trained instructors and grouped by skill levels. Maximum of 5 students per class. Please read the swim level description below to determine the right swim level for your child. First day for each session is evaluation day. If your child needs to be moved, staff will notify the parent and move your child to the appropriate level (space pending). Because of space limit, read class description below and register your child into the right level at time of registration. Please note:

More often than not, a student may need to repeat a level several times before advancing

### REGISTER MUST Pre-Register

Sessions: Tues - Fri Session 1: 6/4 - 6/14 Session 2: 6/18 - 6/28 Session 3: 7/9-7/19 Session 4: 7/23 - 8/2 \*\*Visit the Parks and Recreation page on the city website for swim lesson times. \*\*

#### Fees:

Residents - \$80/student/session Non-Residents - \$90/student/session

#### **Swim Level Description:**

**Goldfish** (Water comfort)- Goldfish class will teach basic breathing and buoyancy. They will learn how to enter and exit the water properly and have the child comfortable in the water by themselves. Swim diaper required for non-potty trained students

**Sea Lion** (Basic technique)- Sea Lion class will work on rhythmic breathing and retrieve submerged objects. They will learn basic arm motions and kicking.

**Otter** (*Skill development*)- Otter class will introduce the student to the deep water along with diving, strokes, and treading water.



#### YOUTH COUNSELOR-IN-TRAINING

Counselors-In-Training (CITs) gain valuable training and experience by providing support to camp counselors and camp lead at camp. CITs will participate in lesson development training, assist the camp groups, learn how to teach acitivies, and lead games. T-shirt will be provided. Registration starts March 5<sup>th</sup>.

Requirement: Entering 7th grade thru 9th.

REGISTER MUST Pre-Register
Weekly sessions / May 28 to August 16.
Half day week \$40 / Full day week \$80





#### **FULL / HALF DAY SUMMER CAMP**

Meadows Place will now offer All Day Summer Camp! Each week will be themed with exciting and action-packed activities catered to the age group! We will offer arts and crafts, outdoor adventure, fishing, boating, swimming, adventure days, cooking, science labs, plant & animal interactions, field trips for the older group and more!

- Registration begins March 4 Limited spots
- Weekly sessions / May 28 Aug 16
- Monday to Friday, 8am to 5pm Full Day;
   8am to 12:30pm Half Day
- Additional fee for early drop off

## REGISTER MUST Pre-Register / Grades 1 - 6

Week 1- Wacky Week

Week 2- Bug's Life

Week 3- Fun-N-Fitness

Week 4 – Hogsworth's Halls

Week 5 - Survivor

Week 6 – Stars & Stripes; NO CAMP ON JULY 4

Week 7 – Water Week

Week 8 – Inventor's Workshop

Week 9 - Adventureland

Week 10 – Reptiles n Amphibians

Week 11 - Movin N Groovin

Full Day-\$130 Resident / \$155 Non-Resident; Half Day- \$70 Resident / \$95 Non-Resident;

\*This camp is not a state licensed day-care



#### **ESSENTIALS OF KAYAKING**

This eco-friendly sport is recognized as the fastest growing sport in the world! Our lessons provide an introduction for the beginner paddler, the course is led by an ACA certified instructor who will share her love and passion for the water through this interactive experience. You will be taught the basics of safety, balance, paddling, and turns.

## REGISTER MUST Pre-Register

4/27, 9AM @ McGrath Park Lake (7yr & Up) \$15
4/27, 10AM @ McGrath Park Lake - Open Kayak
for those who have taken previous class -FREE



#### **ALL HIGH-SCHOOL STUDENTS**

Would you like to be a part of a national organization while making a difference in your own community? Do you need or want volunteer hours for school or college applications?

Attend next meeting there is no fee to join. BRING A FRIEND!

**4/12** – Light the Night @ McGrath Park 6:30pm **4/26** - Volunteer at Old Town Meadows 6:00pm **For more info call or text 281-642-7696** 



Meadows Place Community Garden meets twice a month to plant, till and weed the beds on the second & fourth Saturday of the month at 9am. If you are interested in learning how to grow and tend a garden, just show up and you will be taught.

2<sup>nd</sup> & 4<sup>th</sup> Sat., 9am @ Community Garden



Come visit the Nature Center and enjoy interacting with hands on activities and animal encounters.

#### Call 346-754-5897 for more information.

Tues. – Fri., 9:30am – 2:30pm
Sat., 12pm-5pm
\$2 child / \$5 adult / Annual \$10 child / \$15 adult
Fee includes access to facility and all activities
Closed the week of April 22-26 for annual
maintenance and cleaning.



#### **NATIVE TEXAS PLANTS & FLOWERS**

During April, come and learn about what plants and flowers are native to our great state of Texas!

#### **Other Weekly Nature Center Activities Include:**

Tues. @ 10:30 - Animal Parade - Dress Up / Learn

Wed. @ 10:30 - Tot Time- Stories and Puppets

Thurs.@ 10:30 – Meet the Animals or Make a Craft

\*\*\*If you would like to feed the tortoise you may bring romaine, strawberries, apples.





Nature Center Party packages are available to include animal encounters, crafts and activities. Call for pricing and availability. 346-754-5873



# Coming Soon- KIDS YOGA FOR MINDFULNESS & RELAXATION

Create the space for kids to grow up with mindfulness, self-confidence, compassion, and creativity. Kids explore movement and breath in a supportive and non-competitive environment by practicing strengthening, stretching, relaxing, and letting go. Yoga poses and meditation are taught through story-telling, creative games, exercises, and arts and crafts projects.

If you are interested in more information or want to take a yoga for kids class, please email lylanan@cityofmeadowsplace.org.



Come shake, shimmy, and dance those calories away!!!! A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

REGISTER MUST Pre-Register

3/4 – 4/22, Mon., Community Center 3/7 – 4/25, Thurs., Discovery Center 6:45pm – 7:45pm, \$60, Walk In \$6

### **April 2019 Parks & Recreation**



#### **FLOW YOGA**

All level Vinyasa practive where poses are explored beyond the basic and at a faster pace. Appropriate for ambitious beginners and long time practioners. Bring your own towel or mat. (Space is limited)

REGISTER MUST Pre-Register

5/7 -5/30, Tu/Th 8pm @ Discovery Center, \$40



#### TAI CHI CHIH

It is a moving meditation with 19 movements and one pose that are easy to learn and have profound effects. Benefits may include:

- Balanced physical energy and stamina;
- Building a healthy posture;
- Improving our joint flexibility;
- Promoting spiritual serenity;
- Focusing our mind and awareness

## REGISTER MUST Pre-Register

4/3 – 4/26, Wed., @ Community Center 10am-11am, \$20

4/3 – 4/26, Wed., @ Discovery Center 6pm-7pm, \$20



#### **TAEKWONDO**

Sharpen your mind, strengthen your body with Master Jenny Pless. She has been teaching in Meadows Place Community Center since 2005 and teaches all skill levels from basic to advanced.

REGISTER MUST Pre-Register

4/2 – 5/17 5-6pm (4-11 yrs.) 6-7pm (12 years and adult) 12 classes for \$59 (\$30 uniform fee) 6 classes for \$39 (Free uniform)



#### **KARATE**

American Society of Karate teaches American Karate to ages 5 – 70yr in a positive ever-changing system. Its goal is to not be the largest, but to be the best. Instructors: 4<sup>th</sup> Degree Black Belt, Steve Puma and 3<sup>rd</sup> Degree Black Belt, Michael Puma. Students may try the first class for free.

REGISTER MUST Pre-Register

4/4 - 5/30 @ Community Center

Thursday 6:30- 7:30pm (5-12yr) \$45 Thursday 7:30- 8:30pm (13-70yr) \$45 \$30 Uniform Fee to Instructor.

# OVER 50 & FIT

Strengthen your core muscles as well as improve stability and range of motion. Most exercises are done while sitting in a chair. All genders and ages are welcome.

#### REGISTER

4/2- 4/25, T/TH, 10AM Community Center \$20

## **April 2019 Parks & Recreation**



Active Adults meet Monday's at the Discovery Center for fellowship and fun. Come and meet our Active Adult Community from 10:00am – 1:00pm @ 11938 Amblewood, Meadows Place, 77477

**MONDAY, April 1-** Game play and book club will meet to discuss *The Other Side of Everything* by Lauren Doyle Owens.

**MONDAY, April 8-** Bea Porter will be by to do a demo of Chair Yoga. If you wish to partake in the demo, it will start at 10:30am.

**MONDAY, April 15-** We are taking a trip to the Newman's Castle in Bellville! We will leave the Discovery Center at 9:00am. The fee for the tour is **\$20** and includes lunch.

If you wish to carpool, please email <a href="mailto:lylanan@cityofmeadowsplace.org">lylanan@cityofmeadowsplace.org</a> by <a href="mailto:April 12th">April 12th</a>. If more than 5 sign up, we will have to rent a van and there will be an additional fee.

**MONDAY, April 22-** We will head out to Gus's Fried Chicken and find out why they are the "Best Fried Chicken in America." Depart at 11:30am.

If you wish to carpool, please email <a href="mailto:lylanan@cityofmeadowsplace.org">lylanan@cityofmeadowsplace.org</a> by <a href="mailto:April 19th">April 19th</a> .

**MONDAY, April 29-** Come and play BINGO. Bring your quarters.

#### TENNIS COURT / PICKLEBALL ACCESS



Resident Access Cards are available for purchase at City Hall, Monday – Friday 9am-4pm. Cards are valid through May of each year. \$50 fee per year.



Rabbit manure is packed with phosphorous, nitrogen, and potassium as well as many other minerals and micronutrients making it perfect for your garden. It also has low odor, is a cold manure (meaning it won't burn your plants) and is simple to use. Compost it, make tea, or sprinkle it.

1-gallon bag of "All-Natural Bunny Balls" \$5

All natural Bunny Balls are available for purchase during business hours at the Nature Center 11938 Amblewood, Meadows Place Tues-Fri, 9:30am- 2:30pm / Sat 12 – 5pm



#### \*HOW DO I REGISTER?



Our programs require pre-registration. There are three ways to register. Forms can be found on-line at cityofmeadowsplace.org under the department tab / parks and recreation / programs. Make checks payable to City of Meadows Place then mail to, 1 Troyan Dr. You may also register in person at City Hall, Monday thru Friday between 9am–4pm. If after hours, place form & payment in the night drop box in the City Hall parking lot.

\*\*If a class has not met the minimum number of enrollment five (5) days prior to the start date, the class may be cancelled. Most classes have a maximum enrollment and are open on a first come, first serve basis. There will be no refund unless the class does not fill. Classes are NOT pro-rated unless stated. \*\*

#### \*FACILITY RENTAL & LOCK - IN

If you're looking for a location to host a celebration or family gathering, the Community Center and Garden is a great local option.

We also offer rentals of Covered Park Pavilions, Community Pool, Large BBQ Pit, Kayaks and Overnight Lock- Ins.

Call for pricing and availability. 346-754-5873