

# **MEADOWS PLACE**

# PARTS IN PARKS

Meadows Place Parks and Recreation has many ways for you to get out, get active, and get involved. Stay current with the latest program and event information by checking the city website, Facebook and monthly newsletter.



Join Meadows Place Parks & Recreation as we kick off the summer with games, swimming, water slide, DJ and food.

This is a free community event for residents of Meadows Place. Food will be available as first come first served until gone beginning at 6:00pm

5/31 @ Community Pool, 6-9pm (All ages)



### KID FISH FEST

Join CCA Sugar Land along with Meadows Place Parks & Recreation at the Lake for a morning of fishing. Poles and bait will be provided or bring your own. Prizes will be awarded in various categories. Volunteers will be on hand to assist.

5/TBD, 8am-11am, 15yr & under, No Fee, McGrath Park Lake



### POOL WRISTBAND PRE-SALE

Avoid the lines and pre-purchase your pool wristband starting May 1 at City Hall, Monday – Friday from 9am – 4pm. Annual seasonal access to the City of Meadows Place Pool is available **ONLY** to Meadows Place residents. A Driver's License along with a city water bill **MUST** be shown in order to purchase access wristbands. Each family member is required to have a wristband for entry. Buy now and avoid the lines.

5/1 – 6/1, 9am-4pm @ City Hall, Residents Only, \$5 each until June 1. After June 1 fee is \$10 ea.



### BAREFOOT N' FRIDAYS

Enjoy night swimming and music with your friends. Meadows Place Police Officers will be on duty throughout the event. Concessions available.

6/21, 7/19, 8/16 @ Community Pool, 8:30 – 11pm / \$5 per child (Ages 9-14yrs)



### **NEW! JUNIOR BAREFOOT N' FRIDAYS**

A new event for kids ages 5-8yrs old who are not of age to attend BFF. Play Bingo to win a prize and then watch a movie with your buddy! Meadows Place Police Officers will be on duty throughout the event. Concessions available.

6/21, 7/19, 8/16 @ Community Center, 8:30 – 11pm / \$5 per child (Ages 5-8yrs)





### SWIM LESSONS

Classes are taught by trained instructors and grouped by skill levels. Maximum of 5 students per class. Please read the swim level description below to determine the right swim level for your child. First day for each session is evaluation day. If your child needs to be moved, staff will notify the parent and move your child to the appropriate level (space pending). Because of space limit, read class description below and register your child into the right level at time of registration. Please note:

More often than not, a student may need to repeat a level several times before advancing

## REGISTER MUST Pre-Register

Sessions: Tues - Fri Session 1: 6/4 - 6/14 Session 2: 6/18 - 6/28 Session 3: 7/9-7/19 Session 4: 7/23 - 8/2

\*\*Visit the Parks and Recreation page on the city website for swim lesson times. \*\*

#### Fees:

Residents - \$80/student/session Non-Residents - \$90/student/session

### **Swim Level Description:**

**Goldfish** (Water comfort)- Goldfish class will teach basic breathing and buoyancy. They will learn how to enter and exit the water properly and have the child comfortable in the water by themselves. Swim diaper required for non-potty trained students

**Sea Lion** (Basic technique)- Sea Lion class will work on rhythmic breathing and retrieve submerged objects. They will learn basic arm motions and kicking.

**Otter** (*Skill development*)- Otter class will introduce the student to the deep water along with diving, strokes, and treading water.



### **FULL / HALF DAY SUMMER CAMP**

Meadows Place will now offer All Day Summer Camp! Each week will be themed with exciting and action-packed activities catered to the age group! We will offer arts and crafts, outdoor adventure, fishing, boating, swimming, adventure days, cooking, science labs, plant & animal interactions, field trips for the older group and more!

- Registration begins March 4 Limited spots
- Weekly sessions / May 28 Aug 16
- Monday to Friday, 8am to 5pm Full Day;
   8am to 12:30pm Half Day
- Additional fee for early drop off

# REGISTER MUST Pre-Register / Grades 1 - 6

Week 1- Wacky Week

Week 2- Bug's Life

Week 3- Fun-N-Fitness

Week 4 – Hogsworth's Halls

Week 5 - Survivor

Week 6 – Stars & Stripes; NO CAMP ON JULY 4

Week 7 – Water Week

Week 8 – Inventor's Workshop

Week 9 - Adventureland

Week 10 – Reptiles n Amphibians

Week 11 - Movin N Groovin

Full Day-\$130 Resident / \$155 Non-Resident; Half Day- \$70 Resident / \$95 Non-Resident; Camp fee is prorated for Week 1 & 6

\*This camp is not a state licensed day-care



### YOUTH COUNSELOR-IN-TRAINING

Counselors-In-Training (CITs) gain valuable training and experience by providing support to camp counselors and camp lead at camp. CITs will participate in lesson development training, assist the camp groups, learn how to teach acitivies, and lead games. T-shirt will be provided. Registration starts March 5<sup>th</sup>.

Requirement: Entering 7<sup>th</sup> grade thru 9<sup>th</sup>.

REGISTER MUST Pre-Register
Weekly sessions / May 28 to August 16.
Half day week \$40 / Full day week \$80



### JR LIFEGUARD PROGRAM

Would you like to become a Lifeguard someday? All Jr Lifeguards will be trained on proper scanning, hand signals, whistle blows and even rescues.

During week two Jr. Lifeguards will sit on stand and be a part of the rotation. Includes t-shirt, visor, whistle, certificate of completion.

\*Must be a good swimmer & 10 - 15yrs of age

### REGISTER

7/2 – 7/5 Training / 11 am – 12 pm 7/9 – 7/12 Stand Rotation / 11 am or 3 pm

7/2 – 7/12, Tues – Fri, \$40, Community Pool



### **ESSENTIALS OF KAYAKING**

This eco-friendly sport is recognized as the fastest growing sport in the world! Our lessons provide an introduction for the beginner paddler, the course is led by an ACA certified instructor who will share her love and passion for the water through this interactive experience. You will be taught the basics of safety, balance, paddling, and turns.

# REGISTER MUST Pre-Register

5/18, 9AM @ McGrath Park Lake (7yr & Up) \$15 5/18, 10AM @ McGrath Park Lake – Open Kayak for those who have taken previous class –FREE



### **ALL HIGH-SCHOOL STUDENTS**

Would you like to be a part of a national organization while making a difference in your own community? Do you need or want volunteer hours for school or college applications?

Attend next meeting there is no fee to join. BRING A FRIEND!

5/3- 6:30 @ Discovery Center 5/10 -6:30 @ Discovery Center For more info call or text 281-642-7696

### **BOWLING**

Meadows Place Ladies Bowling Team bowls every Wednesday morning, 9am @ Emerald Bowl; Come join the team, meet new friends and get active!

Call: 281.498.8330



Come visit the Nature Center and enjoy interacting with hands on activities and animal encounters.

Call 346-754-5897 for more information.

Tues. – Fri., 9:30am – 2:30pm Sat., 12pm-5pm \$2 child / \$5 adult / Annual \$10 child / \$15 adult Fee includes access to facility and all activities



### **AMERICAN INDIANS**

During the month of May we will focus on American Indian culture. Come and learn about picture symbols, sit in a teepee, make a musical instrument and much more.

### **Other Weekly Nature Center Activities Include:**

Tues. @ 10:30 – Animal Parade - Dress Up / Learn

Wed. @ 10:30 – Tot Time- Stories and Puppets

Thurs.@ 10:30 – Meet the Animals or Make a Craft

\*\*\*If you would like to feed the tortoise you may bring romaine, strawberries, apples.





Nature Center Party packages are available to include animal encounters, crafts and activities. Call for pricing and availability. 346-754-5873



# Coming Soon- KIDS YOGA FOR MINDFULNESS & RELAXATION

Create the space for kids to grow up with mindfulness, self-confidence, compassion, and creativity. Kids explore movement and breath in a supportive and non-competitive environment by practicing strengthening, stretching, relaxing, and letting go. Yoga poses and meditation are taught through story-telling, creative games, exercises, and arts and crafts projects.

If you are interested in more information or want to take a yoga for kids class, please email lylanan@cityofmeadowsplace.org.



Come shake, shimmy, and dance those calories away!!!! A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

REGISTER MUST Pre-Register 5/6 – 6/24, Mon., Community Center 5/9 – 6/27, Thurs., Discovery Center 6:45pm – 7:45pm, \$60, Walk In \$6

### May 2019 Parks & Recreation



### **FLOW YOGA**

All level Vinyasa practive where poses are explored beyond the basic and at a faster pace. Appropriate for ambitious beginners and long time practioners. Bring your own towel or mat. (Space is limited)

REGISTER MUST Pre-Register

5/2 -5/30, Th- 8pm @ Discovery Center, \$20



### TAI CHI CHIH

It is a moving meditation with 19 movements and one pose that are easy to learn and have profound effects. Benefits may include:

- Balanced physical energy and stamina;
- Building a healthy posture;
- Improving our joint flexibility;
- Promoting spiritual serenity;
- Focusing our mind and awareness

# REGISTER MUST Pre-Register

5/6 – 5/27, Mon., @ Community Center 10am-11am, \$20

5/8 – 5/29, Wed., @ Discovery Center 10am-11am, \$20

5/8 – 5/29, Wed., @ Discovery Center 6pm-7pm, \$20

5/10 – 5/31, Fri., @ Discovery Center 10am-11am, \$20



### **TAEKWONDO**

Sharpen your mind, strengthen your body with Master Jenny Pless. She has been teaching in Meadows Place Community Center since 2005 and teaches all skill levels from basic to advanced.

REGISTER MUST Pre-Register
4/2 – 5/17
5-6pm (4-11 yrs.)
6-7pm (12 years and adult)
12 classes for \$59 (\$30 uniform fee)
6 classes for \$39 (Free uniform)



### **KARATE**

American Society of Karate teaches American Karate to ages 5 – 70yr in a positive ever-changing system. Its goal is to not be the largest, but to be the best. Instructors: 4<sup>th</sup> Degree Black Belt, Steve Puma and 3<sup>rd</sup> Degree Black Belt, Michael Puma. Students may try the first class for free.

REGISTER MUST Pre-Register. No class July 4.

6/13 - 8/22 @ Community Center

Thursday 6:30- 7:30pm (5-12yr) \$45 Thursday 7:30- 8:30pm (13-70yr) \$45 \$30 Uniform Fee to Instructor.

# OVER 50 & FIT

Strengthen your core muscles as well as improve stability and range of motion. Most exercises are done while sitting in a chair. All genders and ages are welcome.

REGISTER

5/7 – 5/30, T/TH, 10AM Community Center \$20

### May 2019 Parks & Recreation



Enjoy a night of decadent foods and wine pairings! Drop the kids off at Barefoot n Friday and treat yourself to a date night!

### REGISTER

6/21, Fri., 8:30pm – 11:00pm @ Discovery Center, \$20 per person or \$30 per couple

### TENNIS COURT / PICKLEBALL ACCESS



Resident Access Cards are available for purchase at City Hall, Monday – Friday 9am-4pm. Cards are valid through May of each year. \$50 fee per year.



Rabbit manure is packed with phosphorous, nitrogen, and potassium as well as many other minerals and micronutrients making it perfect for your garden. It also has low odor, is a cold manure (meaning it won't burn your plants) and is simple to use. Compost it, make tea, or sprinkle it.

1-gallon bag of "All-Natural Bunny Balls" \$5

All natural Bunny Balls are available for purchase during business hours at the Nature Center 11938 Amblewood, Meadows Place Tues-Fri, 9:30am- 2:30pm / Sat 12 – 5pm



Active Adults meet Monday's at the Discovery Center for fellowship and fun. Come and meet our Active Adult Community from 10:00am – 1:00pm @ 11938 Amblewood, Meadows Place, 77477

### MONDAY, May 6

Game play and book club will meet to discuss The Other Side of Everything by Lauren Doyle Owens.

### MONDAY, May 13

Game play and book club will meet to discuss The Other Side of Everything by Lauren Doyle Owens

### THURSDAY, May 16

Join us for Museum Day! We will visit the Museum of Fine Arts to see the Van Gogh exhibit.

Lunch at Texadelphia and then head to the Menil.

The cost for the Van Gogh exhibit is \$20-\$25. If you wish to carpool, please email <a href="mailto:lylanan@cityofmeadowsplace.org">lylanan@cityofmeadowsplace.org</a> by <a href="mailto:May 11th">May 11th</a>. We will leave the Discovery Center at 9:30am.



### MONDAY, May 20

Make your own mini terrinium. There is a \$10 fee for supplies.

Please email <u>lylanan@cityofmeadowsplace.org</u> by <u>May 16<sup>th</sup></u> to sign up.

### MONDAY, May 27

Come and play BINGO. Bring your quarters.



### **HOW DO I REGISTER?**



Our programs require pre-registration.

Forms can be found on-line at cityofmeadowsplace.org under the department tab / parks and recreation / programs. Make checks payable to City of Meadows Place then mail to, 1 Troyan Dr., Meadows Place, 77477

You may also register in person at City Hall, Monday thru Friday between 9am–4pm. If after hours place form & payment in the night drop box in the City Hall parking lot.

\*\*If a class has not met the minimum number of enrollment five (5) days prior to the start date, the class may be cancelled. Most classes have a maximum enrollment and are open on a first come, first serve basis. There will be no refund unless the class does not fill. Classes are NOT pro-rated unless stated. \*\*

#### **RENTALS**

If you're looking for a location to host a celebration, lock in or family gathering, the Community Center and Garden is a great local option.

We also offer rentals of Covered Park Pavilions, Community Pool, Large BBQ Pit,& Kayaks

Call for pricing and availability. 346-754-5873

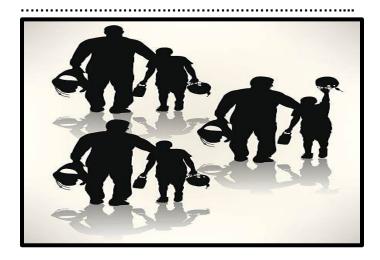
### **TENNIS COURT ACCESS**

Resident Access Cards are available for purchase at City Hall Monday – Friday 9am-4pm.



Meadows Place Community Garden meets twice a month to plant, till and weed the beds on the second & fourth Saturday of the month at 9am. If you are interested in learning how to grow and tend a garden, just show up and you will be taught.

2<sup>nd</sup> & 4<sup>th</sup> Sat., 9am @ Community Garden



Coming this June:

Who: Fathers, Uncles, Grandfathers, Sons

What: Fun Flag Football

**Where: Meadows Place McGrath Park** 

When: Saturday June 29 beginning 9am

Cost: \$15 per couple

Tshirts, water and pizza provided

Must Pre Register through City of Meadows Place.

Call 281-642-7696 for more information.

Cards are \$50.