



# MEADOWS PLACE

# IT STARTS IN PARKS

Coaching. Connecting. Community.

Meadows Place Parks and Recreation has many ways for you to get out, get active, and get involved. Stay current with the latest program and event information by checking the city website, Facebook and monthly newsletter.

**REGISTER**

## HOW DO I REGISTER?

**Our programs require pre-registration.** There are two ways to register. Forms can be found on-line at **cityofmeadowsplace.org** under the department tab / parks and recreation / programs. Make checks payable to City of Meadows Place then mail to, 1 Troyan Dr. You may also register in person at City Hall, Monday thru Friday between 9am-4pm. If after hours place form & payment in the night drop box in the City Hall parking lot.

\*\*If a class has not met the minimum number of enrollment five (5) days prior to the start date, the class may be cancelled. Most classes have a maximum enrollment and are open on a first come, first serve basis. There will be no refund unless the class does not fill. Classes are NOT pro-rated unless stated. \*\*

## RENTALS

If you're looking for a location to host a celebration or family gathering, the Community Center and Garden is a great local option. We also offer rentals of Covered Park Pavilions, Community Pool, Large BBQ Pit, Kayaks and Overnight Lock- Ins.

**Call for pricing and availability. 281-983-2935.**



## HIGH-SCHOOL STUDENTS

**2017/2018 School year will include: Camping Trip - Volunteering at City Events - Hosting a Food Drive - Glow Fun Run - Beach Cleanup - Managing a Pumpkin Patch – Building a Nature Center – Building an Inclusive Playground – Etc**

Would you like to be a part of a national organization while making a difference in your own community? If so, now is the time to join the Meadows Place Youth Action Council. YAC is a great way to earn service hours and also include on your college application. This is a youth run organization. Teens elect officers and make the plans for service, volunteering and fun. Applications will be accepted throughout the year and can be found on the City website and at YAC events.

**11/4, 10am – 12noon, YAC Meeting & Workday at Nature Center, 11938 Amblewood (1st house behind Community Center)**

**11/18 – 11/19, Camping trip to Lake Livingston Pre register \$20 includes meals and tent.**

---

## COMMUNITY GARDEN

The Community Garden meets twice a month to plant, till and weed the beds on the second & fourth Saturday of the month at 9am. If you are interested in learning how to grow and tend a garden, just show up and you will be taught.

**2<sup>nd</sup> & 4<sup>th</sup> Sat., 9am @ Community Garden**



# ACTIVE ADULT 50+ PROGRAM

Active Adults meet Monday's at the Community Center for fellowship and fun. Come and join our Active Adult Community from **10:00am – 1:00pm**.

**MONDAY, November 6** – Visit and meet friends while playing cards, dominos or sipping coffee.  
**Book Club Discussion** – If you are interested in being a part of a book club join us as we choose the second book for reading and discussing.

**MONDAY, November 13** – The holidays are fast approaching so come and join us as we share recipes for our holiday treats!

**MONDAY, November 20** – Field Trip to St. Arnold's Brewery. \$15 a person to reserve a seat in the van. Limited space available. Please email [lylanan@cityofmeadowsplace.org](mailto:lylanan@cityofmeadowsplace.org) to reserve your spot or for more information!

**MONDAY, November 27** – Come and play BINGO. Bring your quarters! You may bring in your own food and beverages for the party.



## BRIDGE

Do you play Bridge? The Bridge Group meets the 1<sup>st</sup> Tuesday of each month, September – May. If you are interested in socializing and playing cards, come join the fun!

**11/7, 9am-2pm @ Community Center**

## Certification Information



### LEARN TO SHOOT & LTC COMBO

This class is designed to teach the fundamentals of shooting, how guns work and how to shoot during the 1<sup>st</sup> half on Saturday. Once you have learned how to shoot a gun, the second half of Saturday and Sunday will cover the LTC course. MPPD Capt. Jack Ashton will be instructing this class.

#### You will need the following for this class:

- Pistol (revolver or semiautomatic) – must be approved prior to taking the class.
- Ammo – Minimum of 100 rounds. No steel or aluminum, no hollow point, no reloads
- Holster is recommended if you own the weapon
- Bring drinks, snacks and/or lunch. We will take short breaks but not a formal lunch

#### REGISTER

**11/4 – 11/5, Sat. 8am (SHARP)–5pm, \$145 Community Center**  
**Sun. 1–4:30pm (@ Range) Additional Range fees paid directly to the range \$20+ tax**

### LICENSE TO CARRY (LTC)

This class is designed to teach the laws that relate to weapons, use of deadly force, handgun use & safety and non-violent dispute resolution. This class is for those who are already familiar with handguns and shooting. It's a 4-hour class followed by a short exam, then time at the gun range, finished between 4 & 5 pm. OK to bring a snack!

#### REGISTER

**12/9, 8am SHARP @ City Hall, 1 Troyan Dr 21 & Up w/ ID, \$75 + (\$20 Fee paid @ Range)**

### CPR CERTIFICATION

The course will cover A.E.D., infants, child, and adult CPR. This class is suitable for all ages. Once the course is successfully completed, each participant will receive a certification through NSA

#### REGISTER

**11/12, 2pm-6:30pm @ Community Center, \$45**

## ESSENTIALS OF KAYAKING

This eco-friendly sport is recognized as the fastest growing sport in the world! Our lessons provide an introduction for the beginner paddler, the course is led by an ACA certified instructor who will share her love and passion for the water through this interactive experience. You will be taught the basics of safety, balance, paddling and turns.

**REGISTER**

**11/11, 9AM @ McGrath Park Lake (7yr+) \$15**

**11/11, 10AM @ McGrath Park Lake – No Fee**

**for previous class participants**

## RESTORATIVE FLOOR YOGA

Center your mind and body in this calming, breath-focused class. Build your endurance with standing postures that transition into floor work and an extended time of silent meditation. No previous yoga experience necessary. (All Ages)

**REGISTER**

**11/7 – 11/28 Tues. 7 pm @ Community Center, \$25 / No class on 11/14**

## CHAIR YOGA

Soothe achy joints and Increase your range of motion with this gentle seated yoga class, adaptable to your comfort level. Specifically designed for the 55+ crowd, but all ages are welcome! Chairs will be provided.

**REGISTER**

**11/7 – 11/28 Tues, 6pm @ Community Center, \$25 / No class on 11/14.**

## OVER 50 & FIT

Strengthen your core muscles as well as improve stability and range of motion. Most exercises are done while sitting in a chair. All genders and ages are welcome. **NO CLASS NOV. 23rd**

**REGISTER**

**11/7 – 11/30, T/TH 10:30 AM @ Community Center, \$20**  
Join anytime, price will be pro-rated.



## TENNIS COURT ACCESS

Resident Access Cards are available for purchase at City Hall Monday – Friday 9am-4pm. Cards are \$50. Pickleball access cards are \$25. Cards are valid through May of each year.

## TENNIS LESSONS

This is an introductory class teaching form and the basics of the game for youths 14 years old and under. The classes taught in groups of 4 students. **Racquet required.**

**REGISTER**

**11/4 – 11/25, Saturdays, 8:15am – 9:00am \$55**  
**Private lessons for youth / adults upon request.**

## ACTIVE ADULT PADDLEBALL



Fun sport for Active Adults. Come and learn the basics as we provide the equipment. Each Thursday morning an instructor will teach you the rules and basic skills of play. This is a low impact sport and easy to catch on. Come to play or to socialize or both. No class on Nov. 23rd

**11/9 – 11/30, Thursday 9am @ Tennis Court, No Fee**

## BOWLING



Meadows Place Ladies Bowling Team bowls every Wednesday morning, 9am @ Emerald Bowl; Come join the team, meet new friends and get active!

**Call: 281.498.8330**



**KENDO Starting In December!**

Kendo is a modern Japanese martial art, which descended from swordsmanship (kenjutsu) and uses bamboo swords (shinai) and protective armor (bōgu). Kendo is an activity that combines martial arts practices and values with strenuous sport-like physical activity. Classes will start in December! To learn more about Kendo visit, <http://www.houstonkendokyokai.com/>

**BRAZILIAN JIU-JITSU CLASSES**

Enrolling now! Brazilian Jiu-Jitsu Classes, Adult and Children's times available. Learn the most effective martial art none to mankind, all while getting in seriously good shape. Grappling Zone's Brazilian Jiu-Jitsu Program will improve your life in many ways including fitness level, confidence, goal setting, focus, discipline and better grades for children. What are you waiting for Call now 832-995-0548 or visit our website @ [www.GrapplingZone.com.for](http://www.GrapplingZone.com.for) more information.

**REGISTER** 

11/3 – 11/24, Community Center  
Friday 7:30pm – 8:30pm \$65

**TAEKWONDO No Class 11/22**

Register now for Fall! Sharpen your mind, strengthen your body with Master Jenny Pless. She has been teaching in Meadows Place Community Center since 2005 and teaches all skill levels from basic to advanced. Ongoing classes.

**REGISTER**

11/1 – 12/ 13, M/W  
5:00 – 6:00 pm (4 – 11 yr)  
6:00 – 7:00 pm (12 yr – Adult)  
6 classes \$33 (1 x week)  
12 classes \$60 (2 x week)

Uniform fee paid to instructor, Jenny Pless: \$30

**KARATE (No Class 11/23)**

American Society of Karate teaches American Karate to ages 5 – 70yr in a positive ever-changing system. Its goal is to not be the largest, but to be the best. Instructors: 4<sup>th</sup> Degree Black Belt, Steve Puma and 3<sup>rd</sup> Degree Black Belt, Michael Puma. New full session to begin in April. **\$30 uniform Fee**

**REGISTER**

8/14 - 12/7, Community Center  
Thursday 6:30- 7:30pm (5-12yr) \$45  
Thursday 7:30- 8:30pm (13-70yr) \$45



**TAI CHI CHIH**

It is a moving meditation originated by Justin Stone in 1974. The 19 movements and one pose are easy to learn and have profound effects. With regular practice benefits may include:

- Balanced physical energy and stamina;
- Building a healthy posture;
- Improving our joint flexibility;
- Promoting spiritual serenity;
- Focusing our mind and awareness

**REGISTER**

11/7 – 11/30, T/TH 1:30 –2:30pm,  
Community Center, \$50 fee

**ZUMBA**

Come shake, shimmy, and dance those calories away!!!! A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

**REGISTER**

12/4 – 12/20, Mon & Wed. @ Community Center  
7:30 – 8:30pm, \$30 includes  
2 days per week/Walk ins \$6



## DECEMBER HIGHLIGHTS



### SANTA'S MAILBOX

Write a letter to Santa and place in in the North Pole mailbox in front of City Hall. Santa's box will arrive 11/25 and leave in time for Christmas.

11/25-12/23 @ City Hall

---



### TOYS FOR TOTS

The Marine Corp is hosting its annual toy drive and Meadows Place is once again a host site. Please drop off an unwrapped toy for toddler, children or teens from 12/1-12/16 at City Hall or one of our City Christmas events.

12/1 – 12/16, Drop off @ City Hall

---



### RAINBOW TROUT STOCKING

Limit 5 Trout per person. ONLY keep trout. RELEASE all other fish.

December @ McGrath Lake, Date TBD

---



### A CLASSY CHRISTMAS

Come celebrate the Christmas season while listening to the beautiful music of Opus 4, String Quartet. Light refreshments will be served at this free community event. Please donate an unwrapped toy in lieu of an entry fee. Toys 4 Tots bins will be onsite for collection

12/2, 7pm @ Community Center

---



### CHRISTMAS MEMORIES

Snow, Santa, Rides, Music, Food

12/9, 6pm @ McGrath Park

---



### HAYRIDES, CAROLING AND COCOA

Come enjoy the sights and sounds of Christmas while riding on a hayride and singing your favorite holiday songs. Proceeds support Special Needs Playground

12/15-12/16, 12/21-12/22, 7pm, 8pm, 9pm

\$2 child /\$5 adult

---