

IT STARTS IN PARKS

Coaching. Connecting. Community.

Meadows Place Parks and Recreation has many ways for you to get out, get active, and get involved. Stay current with the latest program and event information by checking the city website, Facebook and monthly newsletter.

REGISTER

Our programs require pre-registration. There are two ways to register. Forms can be found on-line at cityofmeadowsplace.org under the department tab / parks and recreation / programs. Make checks payable to City of Meadows Place then mail to, 1 Troyan Dr. You may also register in person at City Hall, Monday thru Friday between 9am-4pm. If after hours place form & payment in the night drop box in the City Hall parking lot.

**If a class has not met the minimum number of enrollment five (5) days prior to the start date, the class may be cancelled. Most classes have a maximum enrollment and are open on a first come, first serve basis. There will be no refund unless the class does not fill. Classes are NOT pro-rated unless stated. **

RENTALS

If you're looking for a location to host a celebration or family gathering, the Community Center is a great local option. It can accommodate up to 160 occupants. Tables, chairs and cleaning is provided. We also offer rentals of the community pool.

NEW RENTAL OPTIONS

Lock In, BBQ Pit, Covered Pavilions, Kayaks



POOL WRISTBAND PRICE INCREASE

Buy your pool wristbands now at \$5 after June 3 price will increase to \$10.

Wristbands can be purchased between 9am – 4pm at City Hall, Monday through Friday.

Additional purchase locations and times:

May 5 @ McGrath Park, 7-9pm

May 22 @ Meadows Place Pool, 4-7pm

May 27-29 @ Meadows Place Pool, 12-8pm

June 2 @ Meadows Place Pool, 6-9pm



MUSIC MEMORIES

Come join in the fun at our Cinco De Mayo Concert in the Park. Food Trucks, beer, desserts and "Colao" live from San Antonio will be performing. Bring a chair and blanket and enjoy the flavor of latin music.

5/5, 7-9pm @ McGrath Park

COUNTRY SIDE MOBILE VET

Vaccinations, heartworm testing & preve
Call 713-492-8045 for more information
www.countrysidemobilevet.com

5/6, 10:30am – 12:30pm @ Community Center





KID FISH

CCA Texas and the City of Meadows Place will be partnering together to offer a fun fishing event for kids on May 20 at McGrath Park. Admission is free just bring a pole or we can loan you one. Prizes will be awarded in different categories.

5/20, 8am-11am @ McGrath Park(2-17yr) Free



You can be a part of making a difference for others. Jeans are being used to make shoes for children in South Africa. Sugar Grove Church will be collecting used or new jeans from May 1 – May 26. You can also help to cut the jeans and prepare them for shoes on May 28 @ 9am, Sugar Grove Church.

5/1-5/26, Donated Jeans can be dropped off at Sugar Grove Church of Christ 11600 W. Airport Blvd. Meadows Place, TX

Silver cans will be located on each side of the church ready to receive your jeans.



DESTINATION PAINT PARTY

With guidance from instructor Stephanie you will create your very own masterpiece. One preselected design will be the focus for the evening and each student will paint their interpretation of the design. All supplies will be provided. Bring snacks and BYOB if you like.

REGISTER

5/12, 6-8pm @ Community Center, (8yr & up), \$25 per person.



Tinkergarten's mission is to elevate childhood by bringing families together in local parks for classes where kids learn through play. Our classes help kids ages 18 months – 8 years develop core life skills while enjoying healthy fun, engaging experiences in the physical freedom of local green spaces.

Free trial Classes

6/8, 6/17, 6/18 @ McGrath Park, 9-10:15am

REGISTER

**6/29 – 8/17, Thurs., 9:00 – 10:15am, \$160
McGrath Park (18 months – 8yrs) 8 classes**

COMMUNITY MUSIC GROUP

If you are interested in meeting up with fellow music lovers to perform or learn musical pieces and form a community music group/band and can sing or play an instrument, please email Pat Altman at altpla@sbcglobal.net or call at 281/498-3097



BODY SCULPT

You will burn calories, tone muscles, work on balance and get a great stretch! The class is a little different each time, but always a great workout! **Must provide your own mat and towel.**

REGISTER

5/9–6/1, T/Th, 6:30–7:15am @Community Center
\$65 includes 2 days per week (All Ages)

Walk-ins welcomed \$12 per person

ZUMBA

Come shake, shimmy, and dance those calories away!!!! A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

REGISTER

4/1 – 5/13, Wed. and Sat. @ Community Center
Wednesday 7:00 – 8:00pm

Saturday 8:00- 9:00am

\$65 includes 2 days per week

Walk ins welcomed \$6 person



RESTORATIVE FLOOR YOGA

Center your mind and body in this calming, breath-focused class. Build your endurance with standing postures that transition into floor work and an extended time of silent meditation. No previous yoga experience necessary.

REGISTER

5/2 –5/30 Tues. 7 pm @ Community Center, (All Ages) \$25



CHAIR YOGA

Soothe achy joints and Increase your range of motion with this gentle seated yoga class, adaptable to your comfort level. Specifically designed for the 55+ crowd, but all ages are welcome! Chairs will be provided.

REGISTER

5/2 – 5/30 Every Tues., 6pm @ Community Center, \$25

OVER 50 & FIT

Strengthen your core muscles as well as improve stability and range of motion. Most exercises are done while sitting in a chair. All genders and ages are welcome.

REGISTER

5/4 – 5/26 Every Tues and Thurs, 10:30 AM @ Community Center, \$18. Join anytime and your price will be pro-rated.

AQUA FIT

This is a sixty-minute cardiovascular workout in the pool, which utilizes water resistance to improve cardiovascular fitness, muscular endurance, and flexibility. You determine your own intensity level by deciding how hard to manipulate the water.

REGISTER

6/6 – 6/29 @ 6:30-7:30 pm, Tues & Thurs. \$40 for 8 classes

7/6 – 7/27 @ 6:30-7:30pm, Tues & Thurs. \$40 for 8 classes

8/1 – 8/17 @ 6:30-7:30pm, Tues & Thurs \$30 for 6 classes

TENNIS LESSONS

This is an introductory class teaching form and the basics of the game for youths 14 years old and under. The classes will be taught in groups of 4 students.

Racquet required.

REGISTER



5/6–5/27, Saturdays, 11:15am –12:00pm (10–14yr) \$55
Private lessons for youth / adults upon request.

TENNIS COURT / PICKLEBALL ACCESS

Resident Access Cards are available for purchase at City Hall Monday – Friday 9am-4pm. Cards are \$50 . Cards are valid through May of each year.

TAEKWONDO

Summer is here! Sharpen your mind, strengthen your body with Master Jenny Pless. She has been teaching in Meadows Place Community Center since 2005 and teaches all skill levels from basic to advanced. Ongoing classes.

REGISTER

6/12 – 8/16, MW
 5:00 – 6:00 pm (4 – 11 yr)
 6:00 – 7:00 pm (12 yr – Adult)
 10 classes \$55 (1 time/week)
 20 classes \$99 (2 time/week) with a Free Uniform
 Uniform fee paid to instructor, Jenny Pless: \$30

KARATE

American Society of Karate teaches American Karate to ages 5 – 70yr in a positive ever-changing system. Its goal is to not be the largest, but to be the best. Instructors: 4th Degree Black Belt, Steve Puma and 3rd Degree Black Belt, Michael Puma. New full session to begin in April.

REGISTER

6/8 - 8/10 (No Class 4th Of July) @ Community Center
 Thursday 6:30- 7:30pm (5-12yr) \$45
 Thursday 7:30-8:30pm (13-70yr) \$45
 Uniform Fee: \$30

CPR CERTIFICATION

This course is taught by certified American Heart Association instructor Marilyn Mac Farlane, R.N. The course will cover A.E.D., infants, child, and adult CPR. This class is suitable for all ages. Once the course is successfully completed, each participant will receive their certification.

REGISTER

6/4, 2:00pm - 6:30pm @ Community Center, \$45.



ESSENTIALS OF KAYAKING

This eco-friendly sport is recognized as the fastest growing sport in the world! Our lessons provide an introduction for the beginner paddler, the course is led by an instructor who will share her love and

passion for the water through this interactive experience. You will be taught the basics of safety, balance, paddling and turns.

REGISTER

6/17, 8AM @ McGrath Park Lake (7yr & Up) \$15
 6/17, 9AM @ McGrath Park Lake (Safe Boating Card or Essentials of Kayaking Training Pre-Requisite) No Fee



PLAY-WELL LEGO CAMP

Kids are natural engineers. Play-Well helps them realize it. Kids dive into our classes and exercise their innate gift for building. They come away understanding fundamental principles of engineering and physics. The experience boosts their confidence, creativity and ability to collaborate. Kids can't get enough. Limited spots, sign up early.

REGISTER

Batman Gotham's Gadgets!
 7/24 – 7/28, 9am – 12pm, (5-6yr) 5 day camp \$125

Batman Master Mechanics using LEGO
 7/24 – 7/28, 1-4pm, (7-12yr) 5 day camp \$125

COMMUNITY GARDEN

Your community garden has been prepping for spring and summer, and you're welcome to join us! Be sure to check out the new triangular flowerbed between the garden and the parking lot that aims to attract bees, butterflies, and hummingbirds. Also, it's almost time for blackberries and strawberries, so feel free to take a handful once they ripen. Thanks, too, to everyone who attended our Earth Day celebration for berry-themed drinks and food! Please stay tuned to our Facebook group for future events, especially every 2nd and 4th Saturdays at 9AM when we gather to tend the garden and catch up with our community. 2nd & 4th Saturday ea. month, 9am @ Community Garden



Sugar Grove Church of Christ is offering fun classes for kids this summer. Choose from a variety of classes/clinics including: American Sign Language, Basketball, Card Making, Drama, Fishing, Kids in the Kitchen, Lacrosse, Line Dancing, Music Theory, Sewing, Tumbling & More.

6/19-6/22, 6:30-8:30pm (3yr-completion of grade 5)
 \$5 per child, includes snacks, supplies and activities
 Register at Sugar Grove Church
<http://www.sugargrove.org/events/skillskool>



BAREFOOT N' FRIDAYS

Enjoy night swimming, music and fun along with your friends. Meadows Place Police Officers will be on duty throughout the event. Concessions available.

Every third Friday throughout the summer. (Ages 9-14yrs)
 5/19, 6/16, 7/21, 8/18 @ Community Center Pool,
 8:30 – 11pm/ \$5 per child

SPLASH NIGHT

Join Meadows Place Parks & Recreation as we kick off the summer with games, swimming, water slide, DJ and food. This is a free community event for residents of Meadows Place. Food will be available as first come first served until gone beginning at 6:00pm

****Please bring canned food items for the Sugar Grove Church of Christ Food Pantry.**

6/2 @ Community Center Pool, 6-9pm (All ages welcome)



OPENING WEEKEND MAY 27 - 29

Wristbands will be sold at the pool during normal operating hours to RESIDENTS ONLY.

Requirements to purchase pool wristband:

Meadows Place water bill and TDL showing MP residency.

Adult resident must be present to complete registration card and purchase seasonal wristband.

\$5 per band per family member until June 2. \$10 beginning June 3. Resident must be wearing band to enter pool area.

SUMMER POOL HOURS

Tuesday-Saturday	11:00am - 8:00pm
Sunday	1:00pm – 8:00pm
Mondays	Closed except for holidays
Holidays	12:00pm – 7:00pm

WEEKLY POOL ACTIVITIES

Monday Movies:

2 pm / \$1 for popcorn & lemonade

Wednesday Bingo:

11 am / \$3 per card

POOL PARTIES

Summer is on its way. The Meadows Place pool is a perfect venue for parties. You can prepare now by booking your party early. You may schedule a private party for after hours or during public hours. Visit the Parks and Recreation website for additional information.



World's Largest Swimming Lesson:

Join thousands of kids and families at aquatic facilities around the globe for The World's Largest Swimming Lesson™. We're breaking the Guinness World Record™ to spread the word that Swimming Lessons Save Lives.™

6/22 Registration begins @ 6 pm. (All Ages)



SWIM LESSONS

Classes are taught by trained instructors and classes are grouped by skill levels. Maximum of 5 students per class. Please read the swim level description below to determine the right swim level for your child. First day for each session is evaluation day. If your child needs to be moved, staff will notify the parent and move your child to the appropriate level (space pending). Because of space limit, please carefully read class description below and register your child into the right level at time of registration. **Please note: More often than not, a student may need to repeat a level several times before advancing**

REGISTER

Sessions: T/W/TH

Session 1: 6/13 – 6/22

Session 2: 6/27 – 7/6

Session 3: 7/11 – 7/20

Session 4: 7/25 – 8/3

Session 5: 8/8 – 8/17

**Visit the Parks and Recreation page on the city website for swim lesson times. **

Fees:

Residents - \$60/student/session I, III, IV, V;

Session II \$50/student (**no class July 4th**)

Non-Residents - \$70/student/session I, III, IV, V;

Session II \$60/student (**no class July 4th**)

Swim Level Description:

Guppy (Parent and tot class)- Guppy class is for the parent and tot to learn general water safety and swimming techniques. It will introduce the tot to the water and prepare the tot for the non-parent class, Goldfish. One English speaking adult per child.

Swim diaper required for non-potty trained students

Goldfish (Water comfort)- Goldfish class will teach basic breathing and buoyancy. They will learn how to enter and exit the water properly and have the child comfortable in the water by themselves. Swim diaper required for non-potty trained students

Sea Lion (Basic technique)- Sea Lion class will work on rhythmic breathing and retrieve submerged objects. They will learn basic arm motions and kicking.

Otter (Skill development)- Otter class will introduce the student to the deep water along with diving, strokes, and treading water.

Shark (Advanced skill)- Sharks will work on rotary breathing techniques and learn flip turns and continue on stroke techniques.

JR LIFEGUARD PROGRAM

Would you like to become a Lifeguard someday? All Jr Lifeguards will be trained on proper scanning, hand signals, whistle blows and even rescues. Week two Jr. Lifeguards will sit on stand and be a part of the rotation. Includes t-shirt, visor, whistle, certificate of completion. Must be a good swimmer.

REGISTER

7/11 – 7/22 (Tues – Fri & Sat July 22) 9-14yrs / \$35

- 7/11 – 7/14 Training / 11 am – 12 pm
- 7/18 – 7/21 Stand Rotation / 11 am or 3 pm
- 7/22 - Open In-Service & Awards / 9:30 am

ACTIVE ADULT 50+ PROGRAM

Active Adults meet Monday's at the Community Center for food fellowship and fun. Come and be a part of our Active Adult Community from 10:00am – 1:00pm.

MONDAY, MAY 1– Destination Painting will provide an art project to paint. (\$7) You can also visit and meet new friends while playing cards, dominos or sipping coffee.

MONDAY, MAY 8 – Come and learn how to cook taco soup with our very own Parks and Recreation Director, Colene Cabezas! Or stay and make your own "Button Monogram Picture and Frame" (\$5)

MONDAY, MAY 15 – Sheila Whittle from Free the Captives will come and speak to us about human trafficking and how much it affects the greater Houston area.

MONDAY, MAY 22- Come and play BINGO & Popcorn...bring your quarters!

MONDAY, MAY 29 – CLOSED FOR MEMORIAL DAY. Have a safe and happy Memorial Day!!!!