

# IT STARTS IN PARKS

Coaching. Connecting. Community.

Meadows Place Parks and Recreation has many ways for you to get out, get active, and get involved. Stay current with the latest program and event information by checking the city website, Facebook and monthly newsletter.

## HOW DO I REGISTER?

**REGISTER**

**Our programs require pre-registration.** There are two ways to register. Forms can be found on-line at [cityofmeadowsplace.org](http://cityofmeadowsplace.org) under the department tab / parks and recreation / programs. Make checks payable to City of Meadows Place then mail to, 1 Troyan Dr. You may also register in person at City Hall, Monday thru Friday between 9am–4pm. If after hours place form & payment in the night drop box in the City Hall parking lot.

\*\*If a class has not met the minimum number of enrollment five (5) days prior to the start date, the class may be cancelled. Most classes have a maximum enrollment and are open on a first come, first serve basis. There will be no refund unless the class does not fill. Classes are NOT pro-rated unless stated. \*\*

## RENTALS

If you're looking for a location to host a celebration or family gathering, the Community Center is a great local option. It can accommodate up to 160 occupants. Tables, chairs and cleaning is provided. We also offer rentals of the community pool.

## NEW RENTAL OPTIONS

Community Center Lock- In, Pavilions & Kayaks

YOUR CHANCE TO  
**WIN**

Pizza for 40 and



Would you like to win a private pool party and pizza for 40? Enter into the July 4 parade as a block entry and you can enjoy a private event at the pool. To qualify you must have at least 4 neighbors from the same block enter as a group. The creativity is up to you. Block entries are judged separately from the other categories. Please complete an application at City Hall, no fee required, by June 30. The block that wins will choose the date for the private party and pizza at Meadows Place pool.



Be a Super Hero and help the Youth Action Council Raise Funds for a Special Needs Playground in Meadows Place.

**July 29**

6-8pm Color Fun Run 1K, 3K (McGrath Park)

8:30-10pm Movie in the Park

Race entry fee \$15 adults / \$10 youth

Includes Colors / Movie/ Shirt while supplies last

Concessions Available

**Register at City Hall by July 14 to guarantee a shirt.**



## MEADOWS PLACE 4<sup>th</sup> OF JULY PARADE

Join the fun during Meadows Place Annual 4<sup>th</sup> of July Parade @ 10am. There are several ways to participate in the fun. We are taking entries from those that would like to march, create a float, and decorate a golf cart, boat, or bike. We are also looking for anything unique such as unicycles, stilt walkers, musical instruments, etc.

Parade entry form can be found on the City website: [cityofmeadowsplace.org](http://cityofmeadowsplace.org). Return your entry form to City Hall before Friday, June 30.



Non-motorized entries do not need to complete a form. Judging will take place at 9am SHARP. Line up begins at Sugar Groves Church of Christ's east parking lot, 11600 W Airport. Enter from W Airport ONLY and check in with a parade official. Cars not participating in the parade may park in the west lot.

Parade route travels from City Hall to Dorrance to Mullholland, left on Mullholland then left on Brighton concluding at McGrath Park.

## MORE FUN

Join us McGrath Park after the parade ends for more July 4<sup>th</sup> fun and listen to the sounds of a brass band, a patriotic band, hot dogs, snow cones and splash pad fun. Hotdogs and snow cones are available for a nominal fee.

## NEIGHBORHOOD BLOCK ENTRY

Win Private Pool Party and Pizza for 40



Would you like to win a private pool party and pizza for your block? Enter into the parade as a block entry and you and up to 40 neighbors can enjoy a private event at the pool. To qualify you must have at least 4 neighbors from the same block enter as a group. The creativity is up to you. Block entries are judged separately from the other categories. Please complete an application at City Hall by Friday, June 30. The block that wins will choose the date for the private party and pizza at Meadows Place pool.

## ACTIVE MILITARY

If you or an active duty family member would like to participate in our parade, please contact the Parks & Recreation Department by Friday, June 30.

## BIKE PARADE

Bike riders are a big part of the 4<sup>th</sup> of July Parade. No entry form required just show your patriotic spirit by decorating your bike and join the parade in the parking lot of Sugar Grove Church at 9am.

## PRIZES WILL BE AWARDED

Youth    Spirit    Commercial Entry    Block

Judging for non-motorized entries begins at 9am SHARP at Sugar Grove Church. Motorized judging will take place while in route in front of the Community Center. Prizes will be awarded at the conclusion of the parade at McGrath Park.

## YARD DECORATING

Show your patriotic spirit by decorating your yard in a red, white and blue theme. If you do not live along the parade route you must enter your address by calling 281.983.2935 or email by Friday, June 30 [lylanan@cityofmeadowsplace.org](mailto:lylanan@cityofmeadowsplace.org).

Judging will take place on July 3

Home Depot Gift Card to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place yards.





## SUMMER POOL HOURS

Tuesday -Saturday	11:00am - 8:00pm
Sunday	1:00pm – 8:00pm
Mondays	Closed
Holidays	12:00pm – 7:00pm

## WEEKLY POOL ACTIVITIES

Monday Movies, 2 pm / \$1 for popcorn & lemonade  
Wednesday Bingo, 11 am / \$3 per card

## POOL WRISTBAND

Entry into the pool requires a wristband. It is a one time purchase of \$10 for the entire pool season. Wristbands can be purchased between 9am – 4pm at City Hall, Monday through Friday or at the pool. Wristbands are for residents only. Non-residents can purchase a day pass for \$5.

### Requirements to purchase seasonal wristband:

- MP water bill and TDL showing MP residency.
- Adult resident must be present to complete registration and purchase of band.



## POOL CONCESSIONS

Punch cards are available for concession items and can be purchased in advance for \$10. Concession items will be sold at the pool for \$1 each.

(Gatorade, water, popsicles, chips, cookies, candy, hot pockets, PBJ sandwiches, etc.)

**11:30am -7:30pm, Tues.-Sat.**

**1:30pm- 7:30pm, Sun.**



## GROUP SWIM LESSONS

Classes are taught by trained instructors and classes are grouped by skill levels. Maximum of 5 students per class. Please read the swim level description below to determine the right swim level for your child. First day for each session is evaluation day. If your child needs to be moved, staff will notify the parent and move your child to the appropriate level (space pending). Because of space limit, please carefully read class description below and register your child into the right level at time of registration. **Please note: A student may need to repeat a level several times before advancing.**

### REGISTER

### Sessions: T/W/TH

Session 2: 6/27 – 7/6

Session 3: 7/11 – 7/20

Session 4: 7/25 – 8/3

Session 5: 8/8 – 8/17

**\*\*Visit the Parks and Recreation page on the city website for swim lesson times. \*\***

### Fees:

Residents - \$60/student/session III, IV, V;  
Session II \$50/student (**no class July 4<sup>th</sup>**)

Non-Residents - \$70/student/session III, IV, V;  
Session II \$60/student (**no class July 4<sup>th</sup>**)

### Swim Level Description:

**Guppy** (Parent and tot class)- Guppy class is for the parent and tot to learn general water safety and swimming techniques. It will introduce the tot to the water and prepare the tot for the non-parent class, Goldfish. One English speaking adult per child. Swim diaper required for non-potty trained students.



**Goldfish** (Water comfort)- Goldfish class will teach basic breathing and buoyancy. They will learn how to enter and exit the water properly and have the child comfortable in the water by themselves. Swim diaper required for non-potty trained students.

**Sea Lion** (Basic technique)- Sea Lion class will work on rhythmic breathing and retrieve submerged objects. They will learn basic arm motions and kicking.

**Otter** (Skill development)- Otter class will introduce the student to the deep water along with diving, strokes, and treading water.

**Shark** (Advanced skill)- Sharks will work on rotary breathing techniques and learn flip turns and continue stroke techniques.



## Private Swim Lessons Available!

Appointments are available for 30-minute private and semi-private swim lessons. Lessons are based on your schedule and pool/staff availability. Fees must be paid when the appointment is made and are non-refundable for no-shows. Cancellations must be made at least 24 hours in advance of scheduled swim lesson time. To request private swim lessons or for more information, please email [lylanan@cityofmeadowsplace.org](mailto:lylanan@cityofmeadowsplace.org) or call 281-983-2935

**Private (1:1): \$35**

**Semi-private (1: 2+): \$25 per student**



**Thank You!!!**

## LIFEGUARDS

We would like to recognize the June Life Guards of the week: Zack Sasko, Savannah Cabezas, Jared Hallmark, Alex Huffman, Isela Hernandez and Rylan Mueller, thank you all for your dedication, attitude and skills in keeping us safe!



## POOL PARTY RENTAL

The Meadows Place pool is a perfect venue for parties. You can prepare now by booking your party early. You may schedule a private party for after hours (8-11pm) or during public hours. Visit the Parks and Recreation website for additional information. New amenities to enjoy include a 2-story double water slide, life size chess board and connect 4. Picnic tables with umbrellas will be reserved for your party. You may bring in your own food and beverages for the party.



## BAREFOOT N' FRIDAYS

Enjoy night swimming, music and fun with your friends. Meadows Place Police Officers will be on duty throughout the event. Concessions available.

**Every third Friday throughout the summer. (Ages 9-14yrs)**

**7/21, 8/18 @ Pool, 8:30 – 11pm / \$5 per child**



**Hours 9am – 10pm / Sensor Activated**

**Splash Pad Rules:**

- Do not climb on statues
- Swim diapers required
- No skating, biking, or boarding
- No food/glass/rocks/soil allowed on pad

- Refrain from walking in flower beds

7/11 – 7/14, 9am-12pm, Tues - Fri, Community



## PLAY-WELL LEGO CAMP

Kids are natural engineers. Play-Well helps them realize it. Kids dive into our classes and exercise their innate gift for building. They come away understanding fundamental principles of engineering and physics. The experience boosts their confidence, creativity and ability to collaborate. Kids can't get enough. Limited spots, sign up early.

### REGISTER

**Batman Gotham's Gadgets!**

7/24 – 7/28, 9am – 12pm, (5-6yr) 5 day camp \$125

**Batman Master Mechanics using LEGO**

7/24 – 7/28, 1-4pm, (7-12yr) 5 day camp \$125



## COOK, LEARN, GROW ... Cooking Camp

Cooking camp offers campers the opportunity to experience hands on cooking, creativity, and physical activity to understand how this plays a fun role in healthy living, while setting them up for success in life.

### REGISTER

at [www.cooklearngrow.com/camp-registration-form-lac](http://www.cooklearngrow.com/camp-registration-form-lac)

Whole Healthy Kids:



Tinkergarten's mission is to elevate childhood by bringing families together in local parks for classes where kids learn through play. Our classes help kids ages 18 months – 8 years develop core life skills while enjoying healthy fun, engaging experiences in the physical freedom of a park.

### REGISTER

6/29 – 8/17, Thurs., 9:00 – 10:15am, \$160

McGrath Park (18 months – 8yrs) 8 classes



## JR LIFEGUARD PROGRAM

Would you like to become a Lifeguard someday? All Jr Lifeguards will be trained on proper scanning, hand signals, whistle blows and even rescues. Week two Jr. Lifeguards will sit on stand and be a part of the rotation. Includes t-shirt, visor, whistle, certificate of completion. Must be a good swimmer.

### REGISTER

7/11 – 7/22 (Tues – Fri & Sat July 22) 9-14yrs / \$35

- 7/11 –7/14 Training / 11 am – 12 pm
- 7/18 –7/21 Stand Rotation /11 am or 3 pm

- 7/22- Open In-Service & Awards / 9:30 am

**REGISTER**

7/6 – 7/27 @ 6:30-7:30pm, T/TH. \$40 / 8 classes

## HEALTH, WELL-BEING & FITNESS



### ZUMBA

Come shake, shimmy, and dance those calories away!!!! A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

**REGISTER**

7/3 – 8/23, Mon & Wed. @ Community Center  
7:30 – 8:30pm, \$65 includes  
2 days per week/Walk ins \$6

### RESTORATIVE FLOOR YOGA

Center your mind and body in this calming, breath-focused class. Build your endurance with standing postures that transition into floor work and an extended time of silent meditation. No previous yoga experience necessary.

**REGISTER**

7/11– 7/25 Tues. 7 pm @ Community Center, (All Ages) \$25

### CHAIR YOGA

Soothe achy joints and Increase your range of motion with this gentle seated yoga class, adaptable to your comfort level. Specifically designed for the 55+ crowd, but all ages are welcome! Chairs will be provided.

**REGISTER**

7/11-7/25 Tues, 6pm @ Community Center, \$25

### AQUA FIT

This is a sixty-minute cardiovascular workout in the pool, which utilizes water resistance to improve cardiovascular fitness, muscular endurance, and flexibility. You determine your own intensity level by deciding how hard to manipulate the water.

### OVER 50 & FIT

Strengthen your core muscles as well as improve stability and range of motion. Most exercises are done while sitting in a chair. All genders and ages are welcome.

**REGISTER**

7/6 – 7/27 Every Tues and Thurs, 10:30 AM @ Community Center, \$18. Join anytime and your price will be pro-rated.

### TENNIS LESSONS

This is an introductory class teaching form and the basics of the game for youths 14 years old and under. The classes taught in groups of 4 students. **Racquet required.**

**REGISTER**

7/7 – 7/28, Fridays, 8:15am – 9:00am \$55  
Private lessons for youth / adults upon request.

### TENNIS COURT / PICKLEBALL ACCESS

Resident Access Cards are available for purchase at City Hall Monday – Friday 9am-4pm. Cards are \$50 . Cards are valid through May of each year.

### TAEKWONDO

Summer is here! Sharpen your mind, strengthen your body with Master Jenny Pless. She has been teaching in Meadows Place Community Center since 2005 and teaches all skill levels from basic to advanced. Ongoing classes.

**REGISTER**

6/12 – 8/16, M/W  
5:00 – 6:00 pm (4 – 11 yr)  
6:00 – 7:00 pm (12 yr – Adult)  
10 classes \$55 (1 time/week)  
20 classes \$99 (2 time/week) Free Uniform  
Uniform fee paid to instructor, Jenny Pless: \$30



## KARATE

American Society of Karate teaches American Karate to ages 5 – 70yr in a positive ever-changing system. Its goal is to not be the largest, but to be the best. Instructors: 4<sup>th</sup> Degree Black Belt, Steve Puma and 3<sup>rd</sup> Degree Black Belt, Michael Puma. New full session to begin in April.

### REGISTER

**6/8 - 8/10 (No Class July 4) Community Center**

**Thursday 6:30- 7:30pm (5-12yr) \$45**

**Thursday 7:30- 8:30pm (13-70yr) \$45**

**Uniform Fee: \$30**

## ESSENTIALS OF KAYAKING

This eco-friendly sport is recognized as the fastest growing sport in the world! Our lessons provide an introduction for the beginner paddler, the course is led by an instructor who will share her love and passion for the water through this interactive experience. You will be taught the basics of safety, balance, paddling and turns.

### REGISTER

**7/15, 8AM @ McGrath Park Lake (7yr & Up) \$15**

**7/15, 9AM @ McGrath Park Lake (Safe Boating Card or Essentials of Kayaking Training Pre-Requisite) No Fee**



**\*\*Daily / Weekly Kayak Rentals available through City Hall.**

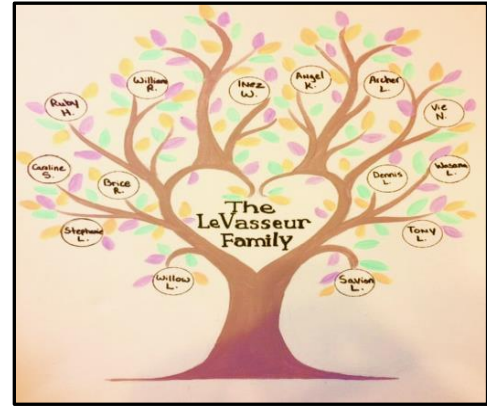
## DESTINATION PAINT PARTY

With guidance you will create your very own masterpiece. One design will be the focus for the evening and each student will paint their interpretation of the design. All supplies will be provided. Bring snacks and BYOB if you like.

### REGISTER

**(July Theme: Family Tree)**

**7/7, 6-8pm, Community Center, \$25 per person**



Customize your color palette and family names.

## ACTIVE ADULT 50+ PROGRAM

Active Adults meet Monday's at the Community Center for food fellowship and fun. Come and be a part of our Active Adult Community from **10:00am – 1:00pm.**

**MONDAY, July 3–** Destination Painting will provide an art project to paint. (\$7) You can also visit and meet new friends while playing cards, dominos or sipping coffee.

**MONDAY, July 10 –** Helena from The Hampton at Meadows Place will present and reintroduce The Hamptons and its sister community in Greatwood. 10:30am. A light breakfast will be provided.

**MONDAY, July 17 –** Learn how to make Filipino eggrolls with Leigh!

**MONDAY, July 24 –** Field trip to Painted Churches at Schulenburg. Minimum of 7 must sign up. Additional information to come!

**MONDAY, July 31 -** Come and play BINGO. We will provide Popcorn...you bring the quarters!



## COMMUNITY GARDEN

Our community garden has been prepping for spring and summer, and you're welcome to join us! It's almost time for blackberries and strawberries, so feel free to take a handful once they ripen. Please stay tuned to our Facebook group for future events, especially every 2nd and 4th Saturdays at 9AM when we gather to tend the garden and catch up with our community.

**2<sup>nd</sup> & 4<sup>th</sup> Saturday ea. month, 9am @  
Community Garden**