

MEADOWS PLACE

IT STARTS IN PARKS

Coaching. Connecting. Community.

Meadows Place Parks and Recreation has many ways for you to get out, get active, and get involved. For questions please contact lylanan@cityofmeadowsplace.org /281.983.2935



CAMPOUT IN THE PARK

Come and experience the great outdoors first hand. For those who have never camped and even those who are experienced this event will be fun for all. We will teach the basics of kayaking, fishing, etc. We will provide the meals and you will provide a tent and sleeping gear. Check in is at 1pm and activities will begin at 2pm. The event ends Sunday morning by 10am. This is a family event, at least one parent or guardian must be registered for youth under 18 to participate. * New this year: tandem kayaks, free play activities and rock wall.

REGISTER

3/17, 1pm @ Meadows Place Lake, \$30 for family of 4
Additional \$10 per person. Must register by March 9.



RC REGATTA

Meadows Place will hold its first RC Regatta. We will have races for novices to advanced racers! There will be separate categories, children & adult.

REGISTER

2/10, McGrath Park @ 10am, \$10 entry fee
Must register by 2/7.



Run, Jump and Play with us this Summer

ALL DAY SUMMER CAMP

Meadows Place will now offer All Day Summer Camp! Each week will be themed with exciting and action-packed activities! We will offer arts and crafts, outdoor adventure, fishing, boating, swimming, adventure days, cooking, science labs, plant & animal interactions and more!

- Registration begins March 5
- Limited spots available
- Weekly sessions / June 4 to August 13.
- \$125 Resident / \$150 Non-Resident
- Additional fee for early drop off
- Monday to Friday, 8am to 5pm
- Grades 1 – 6

*This camp is not a state licensed day-care.



BACKYARD BIRDS & ME

Is a dog a bird...what about a frog...am I a bird? Your child will have fun & make friends while learning about BIRDS. Classes will provide learning through arts, crafts, stories, and hands on activities.

Location: Discovery Center, 11938 Amblerwood.

**3/6, 3/20 & 3/27, Tues., 9am – 9:45am,
(4–7yr), \$20 Parent must accompany child.**

**3/1, 3/8 & 3/ 22, Thurs., 9am – 9:45am,
(7- 12yr), \$20**

CAKE AND BAKE

This workshop is for the everyday busy woman who wants to learn how to apply make-up in 15 min and look like they just walked off the runway.



Instructor, Ally Garcia, will guide you in basic skin care and how to look your best in 15 min. Class is limited to 10. Cupcakes will be served along with Mimosas!

REGISTER

4/8, Sun, 11am–1pm @ Discovery Center, \$65

BE INSTA-READY!

This workshop is for anyone who wants to bring their selfie game to another level. The instructor, Ally Garcia, will teach you basic skin care, contouring, and how to care for your brushes. Class is limited to 10.

REGISTER

4/15, Sun, 1pm – 3pm @ Discovery Center, \$65



HIGH-SCHOOL STUDENTS

Would you like to be a part of a national organization while making a difference in your own community? If so, now is the time to join the Meadows Place Youth Action Council. YAC is a great way to earn service hours and also include on your college application. This is a youth run organization. Teens elect officers and make the plans for service, volunteering and fun.

Applications will be accepted throughout the year and can be found on the City website. Show up at one of the dates below and we will get you started. It's EASY!

2/9, 6-8pm @ City Hall – Food, Fun, Project

2/16-18, YAC Summit in Cedar Hill, TX

Preregister by 1/31, \$75 includes 2 nights' hotel stay, transportation, meals, t-shirt, conference registration & socials. Leaving 2/16 at 3:30pm.

ACTIVE ADULT 50+ PROGRAM

Active Adults meet Monday's at the Community Center for fellowship and fun. Come and join our Active Adult Community from **10:00am – 1:00pm**.

MONDAY, February 5

Visit and meet friends while playing cards, dominos or sipping coffee.

Book Club will be reading;

A Memory of Violets: A Novel of London's Flower Sellers by Hazel Gaynor.

MONDAY, February 12

Free demo of Tai Chi Chin. Join Janet as she guides us in this gentle way of exercise. Demo will start at 10:30am.

MONDAY, February 19

Houston Bonsai Society will demonstrate the basics of caring for a bonsai tree. Begins at **10:30am**.



BONSAI

MONDAY, February 26

Come and play BINGO. Bring your quarters.

BOWLING

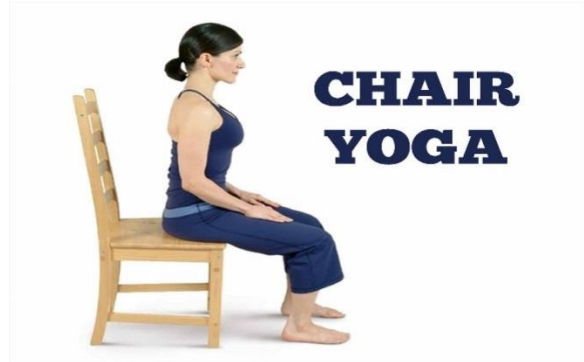
Meadows Place Ladies Bowling Team bowls every Wednesday morning, 9am @ Emerald Bowl; Come join the team, meet new friends and get active!

Call: 281.498.8330

BRIDGE

Do you play Bridge? The Bridge Group meets the 1st Tuesday of each month, September – May. If you are interested in socializing and playing cards, please contact Dolores Parker, 281-814-8844.

2/6, 9am-2pm @ Community Center, No fee



CHAIR YOGA

Soothe achy joints and Increase your range of motion with this gentle seated yoga class, adaptable to your comfort level. Specifically designed for the 55+ crowd, but all ages are welcome! Chairs will be provided. **No class Feb. 13th**

REGISTER

2/6 - 2/27 Tues, 6pm @ Community Center, \$25



TAI CHI CHIH



It is a moving meditation originated by Justin Stone in 1974. The 19 movements and one pose are easy to learn and have profound effects. With regular practice benefits may include:

- Balanced physical energy and stamina;
- Building a healthy posture;
- Improving our joint flexibility;
- Promoting spiritual serenity;
- Focusing our mind and awareness

REGISTER

Class will be held at 3pm on 2/6

2/6 – 3/1, T/TH 1:30 –2:30pm, Community Center, \$50 fee



ZUMBA

Come shake, shimmy, and dance those calories away!!!! A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

REGISTER

1/10 – 2/28, Mon & Wed. @ Community Center
7:30 – 8:30pm, \$65 includes
2 days per week / Walk ins \$6



BODY SCULPT



New year, new you! This class will help you burn calories, tone muscles, work on balance and get a great stretch! The class is a little different each time, but always a great workout! The instructor, Dani Reed, is a certified personal trainer who specializes in a unique form of exercising that focuses on the integration of anatomical movement. Utilizing her vast knowledge of human anatomy, she customizes individual fitness plans to meet her client's goals. **Must provide a mat and towel.**

REGISTER

2/4 – 2/25, Sunday, 9:00 – 9:45am @ City Hall or McGrath Park if weather permits, \$50 (All Ages)



RESTORATIVE FLOOR YOGA

Center your mind and body in this calming, breath-focused class. Build your endurance with standing postures that transition into floor work and an extended time of silent meditation. No previous yoga experience necessary. (All Ages)

REGISTER

No class Feb. 13

2/6 - 2/27, Tues. 7 pm @ Community Center, \$25



OVER 50 & FIT

Strengthen your core muscles as well as improve stability and range of motion. Most exercises are done while sitting in a chair. All genders and ages are welcome.

REGISTER

Class will be held at 2pm on 2/6

2/6 - 3/1, T/TH 10AM @ Community Center, \$20 Join anytime, price will be pro-rated.



JIU-JITSU

Grappling Zone's Brazilian Jiu-Jitsu program will improve your life in many ways including fitness level, confidence, goal setting, focus, discipline and better grades for children. **Call now 832-995-0548 or visit our website @ www.GrapplingZone.com**

REGISTER

2/2 – 2/23, Fri. 7:30pm @ Community Center
\$65 All Ages / Fee covers use at all
Grappling Zone Facilities multiple days.

TAEKWONDO

Register now for Fall! Sharpen your mind, strengthen your body with Master Jenny Pless. She has been teaching in Meadows Place Community Center since 2005 and teaches all skill levels from basic to advanced. Ongoing classes.

REGISTER

No class 2/19 3/12, 3/14

1/8 – 3/28 ongoing classes

M/W 5-6pm (4-11 yrs)

M/W 6-7pm (12-year-old and adult)

Fee: 10 classes for 55.00

Fee: 20 classes for 99.00

KARATE

American Society of Karate teaches American Karate to ages 5 – 70yr in a positive ever-changing system. Its goal is to not be the largest, but to be the best. Instructors: 4th Degree Black Belt, Steve Puma and 3rd Degree Black Belt, Michael Puma. New full session to begin in April. **\$30 uniform Fee**

REGISTER

No class 3/15

1/11 – 3/29, Community Center

Thursday 6:30- 7:30pm (5-12yr) \$45

Thursday 7:30- 8:30pm (13-70yr) \$45



TENNIS LESSONS

This is an introductory class teaching form and the basics of the game for youths 14 years old and under. The classes taught in groups of 4 students.

REGISTER

Racquet required.

2/3 – 2/24, Sat., 8:15am – 9:00am \$55
Private lessons upon request. (All ages)

TENNIS COURT ACCESS

Resident Access Cards are available for purchase at City Hall Monday – Friday 9am-4pm.

Cards are \$50. Pickleball access cards are \$15.



Parks and Recreation is looking for instructors to teach new programs. Make your own schedule and get paid to teach. We handle the registration, provide the facility and all the marketing.

Contact us for more details.

lylanan@cityofmeadowsplace.org

Scuba	Archery	Birding	Plants
Dance	Crochet	Cooking	Art
Speakers	Nature	Decorating	
Carpentry	Car Repair	Photography	
Scrapbooking	Travel Club	Etc.	



HOW DO I REGISTER?

REGISTER

Our programs require pre-registration.

Forms can be found on-line at **cityofmeadowsplace.org** under the department tab / parks and recreation / programs. Make checks payable to City of Meadows Place then mail to, 1 Troyan Dr., Meadows Place, 77477

You may also register in person at City Hall, Monday thru Friday between 9am–4pm. If after hours place form & payment in the night drop box in the City Hall parking lot.

****If a class has not met the minimum number of enrollment five (5) days prior to the start date, the class may be cancelled. Most classes have a maximum enrollment and are open on a first come, first serve basis. There will be no refund unless the class does not fill. Classes are NOT pro-rated unless stated. ****

RENTALS

If you're looking for a location to host a celebration or family gathering, the Community Center and Garden is a great local option. We also offer rentals of Covered Park Pavilions, Community Pool, Large BBQ Pit, Kayaks and Overnight Lock- Ins.

Call for pricing and availability. 281-983-2935

TENNIS COURT ACCESS

Resident Access Cards are available for purchase at City Hall Monday – Friday 9am-4pm.

Cards are \$50. Pickleball access cards are \$15.

AQUATIC INTERN

The City of Meadows Place is accepting applications for an Aquatic Intern now through March 12, 2018 for Summer 2018. Applications can be picked up and turned in at City of Meadows Place City Hall or visit

<http://cityofmeadowsplace.org/government/job-opportunities/> to apply.

LIFEGUARDS WANTED

The City of Meadows Place is accepting lifeguard applications now through March 19, 2018 for Summer 2018. Applications can be picked up and turned in at City of Meadows Place City Hall. You must be 15 years of age to apply, pass the prerequisite requirements, and available for **ALL** training dates TBD in April. See website for prerequisites.

CAMP COUNSELORS/ CAMP LEAD

The City of Meadows Place is accepting applications for Camp Counselors and Camp Lead from now through March 19, 2018 for Summer 2018. Meadows Place will host 11 weeks of day camp each Monday – Friday for youth grade 1 – 6.

Applications can be picked up and turned in at City of Meadows Place City Hall.

<http://cityofmeadowsplace.org/government/job-opportunities/> to apply.



Meadows Place Discovery & Nature Center will open its doors to the community this spring. This facility will be home to many new opportunities for children, adults, volunteers and school field trips.

The Discovery Center will offer the following:

- 7 Areas for New Programs
- Meeting Space
- Party Rentals
- Full Cooking Kitchen
- Full Day Summer Camp
- Vegetable and Butterfly Gardens
- Nature Center
- Plant and Animal Interactions
- Science Lab / Hands On Activities
- Swap Shop
- Outdoor Discovery Zone
- Extended Office Hours
- Parks Program Registration
- Rental Reservation & Tours

WHEN?

A Ribbon Cutting Ceremony will be coming this spring. The facility will be available for everyone to explore and interact. Details will be posted within the next month.

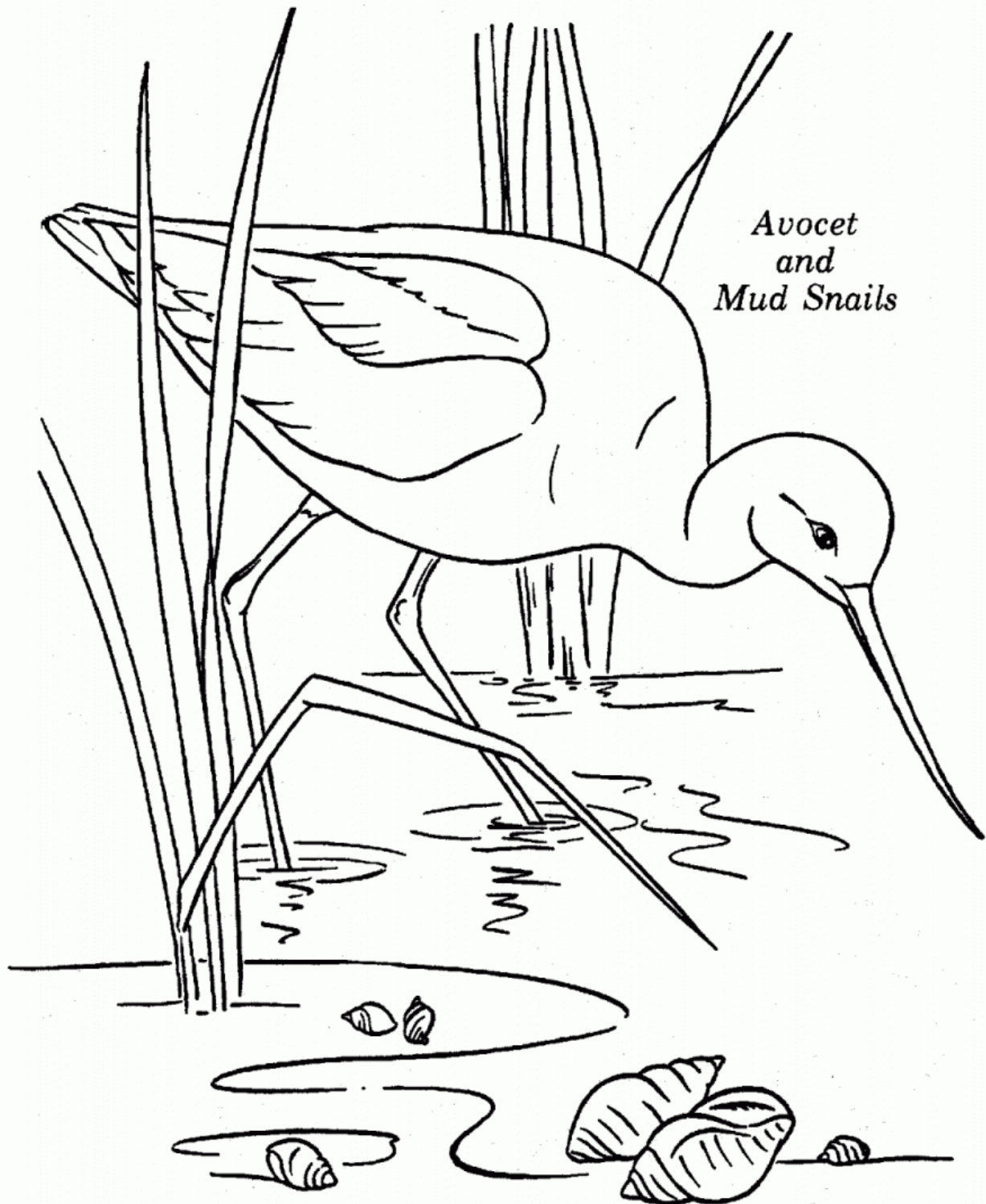
WHAT?

The Discovery & Nature Center are designed to function independently from one another. Each will have different operating hours and programs. Our current staff will office from the new location and manage the programs and facility. We will also enlist the support of volunteers and Jr. Naturalist from the community to assist with the gardens and animals.

WHY?

Looking back over the last 10 years, city officials have had many conversations during planning workshops to expand the current aquatic facility. Their vision for the future included acquiring the property next to the pool for future aquatic activities. The opportunity to acquire that property arose sooner than had planned, however when it became available the city responded not knowing if or when they would have the chance to do so again. Although the property was acquired, the funding for an aquatic redesign was not available. City officials asked the Parks department if the house that stands on the property could be used for other activities. The answer was a definite yes. Through surveys, emails and Facebook, the community has expressed a desire for more programs. The Center will provide that and so much more. For now, the Discovery & Nature Center will be used in this manner until the demand, desire and funding becomes available to use the property for aquatics.

A special thank you goes out to Regas Construction for donating all the labor and design to this project.



The Avocet has a cinnamon head and neck and black wings with white stripes. He sweeps his curved bill through the shallows where the tiny brown Mud Snails live.