

MEADOWS PLACE

IT STARTS IN

PARKS

Coaching. Connecting. Community.



A CLASSY CHRISTMAS

Come celebrate the Christmas season while listening to the beautiful music of **Opus 4, String Quartet**. Light refreshments will be served. Please consider donating an unwrapped toy. Toys 4 Tots bins will be onsite for collection.

12/2, 7pm Saturday @ Community Center



HAYRIDES, CAROLING AND COCOA

Enjoy the sights and sounds of Christmas while riding on a hayride, sipping cocoa and singing your favorite Christmas songs. Proceeds will support the YAC Special Needs Playground.

12/15, 12/22 @ 7, 8, & 9pm In front of Meadows Elementary (\$2 child / \$5 Adult)



SANTA'S MAILBOX

Write a letter to Santa and place in in the North Pole mailbox at City Hall.

11/25-12/21 @ City Hall

Meadows Place Parks and Recreation has many ways for you to get out, get active, and get involved. Stay current with the latest program and event information by checking the city website, Facebook and monthly newsletter.

REGISTER

HOW DO I REGISTER?

Our programs require pre-registration. There are two ways to register. Forms can be found on-line at **cityofmeadowsplace.org** under the department tab / parks and recreation / programs. Make checks payable to City of Meadows Place then mail to, 1 Troyan Dr. You may also register in person at City Hall, Monday thru Friday between 9am-4pm. If after hours place form & payment in the night drop box in the City Hall parking lot.

**If a class has not met the minimum number of enrollment five (5) days prior to the start date, the class may be cancelled. Most classes have a maximum enrollment and are open on a first come, first serve basis. There will be no refund unless the class does not fill. Classes are NOT pro-rated unless stated. **

RENTALS

If you're looking for a location to host a celebration or family gathering, the Community Center and Garden is a great local option. We also offer rentals of Covered Park Pavilions, Community Pool, Large BBQ Pit, Kayaks and Overnight Lock- Ins.

Call for pricing and availability. 281-983-2935.

City of Meadows Place

CHRISTMAS

MEMORIES

Friday, Dec. 8 @ 6pm



Come enjoy the fun at this **FREE** community event @ McGrath Park.

Please bring a can good for our local food pantry or a toy for Toys 4 Tots.

*MPPL Baseball, Meadows Marlins Swim Team & Boy Scouts will be selling concessions

MEADOWS PLACE HOLIDAY HOME DECORATING CONTEST



Residents are invited to enter 1 of 3 categories!

Use of Lights - Animation - Lawn Display

\$100 Cash prize to the winner of each category

Email your address and phone contact to parksdirector@cityofmeadowsplace.org

Deadline to enter, December 8 by 5pm

Judging will take place on December 9 @ 6pm



The Marine Corp is hosting its annual toy drive and Meadows Place is once again a host site. Please drop off an unwrapped toy for toddlers, youth or teens at City Hall or one of our City Christmas events during December.

12/1 – 12/15, Drop off location City Hall



RAINBOW TROUT STOCKING

Texas Parks and Wildlife will be visiting our lake for the annual trout stocking and presentation to the community. Once the lake is stocked there is a limit of 5 Trout per person per day. All other fish types must be released. Take ONLY trout.

12/7, 10am @ McGrath Lake

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JANUARY 1, 2018



Come swim at least one length of the pool (25yds) on the first day of the New Year. This is an excellent event to enjoy as a whole family. Even if you do not swim, please stop by and have some hot chocolate with your friends and neighbors. This is purely for fun. Donations accepted, but fundraising is not the focus of this event.

(All participants are required to sign a release of liability, before entering the water Minors must have an adult present to be able to swim.)



**Hosted by Meadows
Marlins Swim Team**

**1/1/18, 10am @ MP Pool,
All Ages Welcome, No Fee**

.... possibly the loss of a little bit of your dignity



HIGH-SCHOOL STUDENTS

Would you like to be a part of a national organization while making a difference in your own community? If so, now is the time to join the Meadows Place Youth Action Council. YAC is a great way to earn service hours and also include on your college application. This is a youth run organization. Teens elect officers and make the plans for service, volunteering and fun. Applications will be accepted throughout the year and can be found on the City website. Show up at one of the dates below and we will get you started. It's EASY!

12/2, YAC Meeting @ Community Center 2- 4pm

12/8 Christmas Memories Volunteer, McGrath Park 5- 9pm

12/15, Hayride Fundraiser, MP Elementary 6:30-10pm

12/22, Hayride Fundraiser, MP Elementary 6:30-10pm



RC REGATTA

Meadows Place will hold its first RC Regatta in February! We will have races for novices to advanced racers! There will be separate categories for children and adult.

Start planning now. You can practice at the lake in preparation for the race. On your mark...Get set...Go! More details to come.

ACTIVE ADULT 50+ PROGRAM

Active Adults meet Monday's at the Community Center for fellowship and fun. Come and join our Active Adult Community from **10:00am – 1:00pm**.

MONDAY, December 4

Visit and meet friends while playing cards, dominos or sipping coffee. Join Norma as she teaches us how to make our own Holiday Themed picture frame. (\$7) (10am)

Book Club Discussion – If you are interested in being a part of a book club join us as we choose the second book for reading and discussing.

MONDAY, December 11

Cooking Demonstration- Sample recipes just in time for Christmas brunch. (11am)

MONDAY, December 18

Come and play BINGO. Bring your quarters.

MONDAY, December 25

CHRISTMAS HOLIDAY! No meeting.

BRIDGE

Do you play Bridge? The Bridge Group meets the 1st Tuesday of each month, September – May. If you are interested in socializing and playing cards, contact Delores to reserve a spot. **281-814-8844**.

12/5, 9am-2pm @ Community Center, No fee

BE A PART OF A HEALTHY WAY OF LIFE

The Community Garden meets twice a month to plant, till and weed the beds on the second & fourth Saturday of the month at 9am. If you are interested in learning how to grow and tend a garden, just show up and you will be taught.

2nd & 4th Sat., 9am @ Community Garden



BODY SCULPT

New year, new you! This class will help you burn calories, tone muscles, work on balance and get a great stretch! The class is a little different each time, but always a great workout! **Try the first class for free! Must provide your own mat and towel.**

REGISTER

1 / 2 – 1/25 T/Th, 6:30–7:15am @ Community Center
\$65 includes 2 days per week (All Ages)

RESTORATIVE FLOOR YOGA

Center your mind and body in this calming, breath-focused class. Build your endurance with standing postures that transition into floor work and an extended time of silent meditation. No previous yoga experience necessary. (All Ages)

REGISTER

12/5 – 12/26 Tues. 7 pm @ Community Center, \$25

CHAIR YOGA

Soothe achy joints and Increase your range of motion with this gentle seated yoga class, adaptable to your comfort level. Specifically designed for the 55+ crowd, but all ages are welcome! Chairs will be provided.

REGISTER

12/5 – 12/26 Tues, 6pm @ Community Center, \$25



ZUMBA

Come shake, shimmy, and dance those calories away!!!! A total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

REGISTER

12/4 – 12/20, Mon & Wed. @ Community Center
7:30 – 8:30pm, \$30 includes
2 days per week/Walk ins \$6

OVER 50 & FIT

Strengthen your core muscles as well as improve stability and range of motion. Most exercises are done while sitting in a chair. All genders and ages are welcome. **Class will be held at 2pm on 12/5**

REGISTER

12/5 – 12/28, T/TH 10AM @ Community Center, \$20
Join anytime, price will be pro-rated.



BOWLING

Meadows Place Ladies Bowling Team bowls every Wednesday morning, 9am @ Emerald Bowl; Come join the team, meet new friends and get active!

Call: 281.498.8330



TENNIS COURT ACCESS

Resident Access Cards are available for purchase at City Hall Monday – Friday 9am-4pm. Cards are \$50. Pickleball access cards are \$25. Cards are valid through May of each year.

TENNIS LESSONS

This is an introductory class teaching form and the basics of the game for youths 14 years old and under. The classes taught in groups of 4 students. **Racquet required.**

REGISTER

12/2 – 12/30, Saturdays, 8:15am – 9:00am \$55
Private lessons for youth / adults upon request.

ACTIVE ADULT PADDLEBALL



Fun sport for Active Adults. Come and learn the basics as we provide the equipment. Each Thursday morning an instructor will teach you the rules and basic skills of play. This is a low impact sport and easy to catch on. Come to play or to socialize or both.

REGISTER

12/7 -12/19, Thursday 9am @ Tennis Court,
\$10 monthly





Learn the most effective martial art known to mankind, all while getting in seriously good shape. Grappling Zone's Brazilian Jiu-Jitsu Program will improve your life in many ways including fitness level, confidence, goal setting, focus, discipline and better grades for children. Call now 832-995-0548 or visit our website @ www.GrapplingZone.com for more info.

NO CLASS DEC 15th

REGISTER 

12/1 – 12/30, Fri. 7:30pm @ Community Center \$65 All Ages / Fee covers use at all Grappling Zone Facilities multiple days of the week.

TAEKWONDO

Register now for Fall! Sharpen your mind, strengthen your body with Master Jenny Pless. She has been teaching in Meadows Place Community Center since 2005 and teaches all skill levels from basic to advanced. Ongoing classes.

REGISTER No class 1/15, 2/19 3/12, 3/14

1/8 – 3/28 ongoing classes
 M/W 5-6pm (4-11 yrs)
 M/W 6-7pm (12 year old and adult)
 Fee: 10 classes for 55.00
 Fee: 20 classes for 99.00 (FREE uniform for 1st 10 signed up)

KARATE

American Society of Karate teaches American Karate to ages 5 – 70yr in a positive ever-changing system. Its goal is to not be the largest, but to be the best. Instructors: 4th Degree Black Belt, Steve Puma and 3rd Degree Black Belt, Michael Puma. New full session to begin in April. **\$30 uniform Fee**

REGISTER No class 3/15

1/11 – 3/29, Community Center
 Thursday 6:30- 7:30pm (5-12yr) \$45
 Thursday 7:30- 8:30pm (13-70yr) \$45

TAI CHI CHIH

It is a moving meditation originated by Justin Stone in 1974. The 19 movements and one pose are easy to learn and have profound effects. With regular practice benefits may include:

- Balanced physical energy and stamina;
- Building a healthy posture;
- Improving our joint flexibility;
- Promoting spiritual serenity;
- Focusing our mind and awareness

REGISTER

12/5 – 12/28, T/TH 1:30 – 2:30pm, Community Center, \$50 fee

CPR CERTIFICATION

The course will cover A.E.D., infants, child, and adult CPR. This class is suitable for all ages. Once the course is successfully completed, each participant will receive a certification through NSA

REGISTER

1/19, 9am – 1:30pm @ Community Center, \$45



Located inside the Sugar Grove Church of Christ, nCourage kids is a Premier Christian Preschool created to preserve the child and provide opportunities through developmental play that meets and exceeds the intellectual, physical, social, emotional and spiritual needs of its students. **Call (281) 826-2811 to enroll now, or visit www.ncouragekids.com**